










## Glebe School meals: Frequently asked questions

	What the school do	How can you help
<p><b>Who will provide our meals?</b></p> 	<p>Our food will be prepared at Ruislip Gardens School and transported in sealed hot boxes to Glebe.</p>	
<p><b>What food choices are available?</b></p> 	<p>There will be a choice of a meat meal, vegetarian meal, jacket potato or sandwiches every day.</p> <p>All meals are served with vegetables or salad.</p> <p>A dessert is available every day</p> <p>Children will be able to choose water or milk to have with their meal.</p> <p>There will be a 3 week menu cycle.</p>	<p>Sit with your child and look at the menu together – ask them what would be your first choice, second choice</p>
<p><b>How do you ensure my child is getting good quality food?</b></p> 	<p>Staff and Governors have tried some of the meals that are available to your children and were impressed by the quality of the food. The food is very different to memories some of us may have about our school dinners!</p> <p>Our Food Service Supervisor is responsible for reporting any concerns over the quality of food to Ruislip Gardens School.</p>	<p>Talk to your child about what they have eaten – Why did they like it, what didn't they like about it. Please give any feedback you have in writing to the school office.</p>
<p><b>How do I order meals?</b></p> 	<p>Menus will be on our website and sent out with the newsletter on a half termly basis.</p> <p>Reception, Yr 1 and Yr 2 (KS1) will receive a meal unless you have informed the office in writing that your child will not take up this opportunity.</p> <p>Yr3-6 (KS2): You will need to return your order form stating which days your child will be having a meal by Thursday morning for the following week. This needs to be done on a weekly basis for each child.</p>	<p>Please return your order forms by Thursday morning.</p> <p>For KS2, if you need your child to have a school dinner at short notice (i.e. you have not ordered by the Thursday), please ask your child to tell their class teacher at morning registration.</p>

	<b>What the school do</b>	<b>How can you help</b>
<p><b>What is the cost and how do I pay?</b></p> 	<p>Reception, Yr 1 and Yr 2 – free of charge (KS1)</p> <p>Yrs 3-6 will not exceed £2.50. (KS2). We are finalising the payment method for KS2. This is likely to be an online payment method.</p>	<p>If your child is in KS2, ensure you have paid for your child to have a meal following the guidance that will be issued.</p>
<p><b>How does my child choose their meal?</b></p>	<p>Children will choose their meal on a daily basis from the serving counter.</p>	<p>Look at menu choices with your child – ask them what their favourite is, their 2<sup>nd</sup> favourite. This will help them to make choices on the day.</p>
<p><b>My child has an allergy, how will this be managed?</b></p> 	<p>A list of all known allergies has been provided to our provider.</p> <p>We will be made aware of ingredients in each dish.</p> <p>There will be a photograph of all children with known allergies at the serving counter.</p> <p>From December, it will be law for our provider to list all known allergens on every ingredient. We will make this available on our website.</p>	<p>Highlight food choices in the menu that your child can not have.</p> <p>Talk to your child about meals on the menu they should not ask for.</p>
<p><b>What if my child doesn't like the food they have chosen?</b></p>	<p>Our serving staff and SMSA's have received training in how to encourage children to eat what is on their plate – for example, they will ask the child to eat ¼ of the meal.</p>	
<p><b>How do I know that my child is eating their lunch?</b></p> 	<p>Our SMSAs currently ensure children eat their lunch.</p> <p>If we have ongoing concerns over your child's intake of food, we will contact you.</p>	<p>Talk to your child about their lunchtime experience rather than ask them what they had for lunch – you are more likely to find out what they did eat by doing this.</p>
<p><b>What happens when my child is on a school trip?</b></p>	<p>All children in Reception, Yr 1 and Yr 2 who are receiving the universal free school meal will be provided with a healthy packed lunch.</p>	

	KS2 children will be asked to provide their own lunch.	
	<b>What the school do</b>	<b>How can you help</b>
<p><b>How will healthy eating be encouraged?</b></p> 	<p>Government Nutritional Standards will be met by Ruislip Gardens School. This means each child will receive a balanced meal. As part of these standards, our serving staff will follow the guidelines on portion size.</p>	<p>Think about offering an alternative, lighter evening meal, for example beans on toast, omelette and salad. Children may be less likely to need a snack before their evening meal. Offer healthy snacks like oat cakes, fruit.</p>
<p><b>How will new food choices be encouraged?</b></p>	<p>Our serving staff will recognise which children always make the same food choices. In such cases, children will be invited to try a new food alongside their meal.</p> <p>We will occasionally have food tasting sessions.</p>	<p>Pick a meal on the menu that your child or family has not eaten before. Encourage your child to help you prepare the meal.</p> <p>Consider a reward system at home for when your child tries new foods. If they have, incorporate these into your family food choices.</p>
<p><b>What will the lunchtime experience be like?</b></p> 	<p>Children will continue to go in for lunch in year groups, regardless of whether they are having a meal or packed lunch. Children having a hot meal will line up to make their food choice. This will be overseen by a SMSA.</p> <p>We have employed extra staff to support the introduction of hot meals at Glebe.</p> <p>Children receiving a meal will carry their plate of food on a tray and will be asked to clear their plate when they have finished their meal.</p>	<p>Show your children how to use cutlery properly and encourage them to clear their plate at home.</p> <p>Praise good table manners.</p>
<p><b>What do I need to know about food safety and food hygiene?</b></p>	<p>All of our SMSAs and food serving staff have completed food hygiene training and will follow relevant health and safety requirements.</p> <p>All food will be temperature checked on arrival and before being served to the children to ensure that the food is hot enough.</p>	<p>Remind your children about the importance of washing their hands before meal times and washing their hands before and during cooking food at home.</p>