

# EYFS Science knowledge organiser –

## Ourselves/All about me

### Knowledge and understanding of the world

#### The World (30-50) (40-60) (ELG)

- Comments and asks questions about aspects of their familiar world such as the place where they live or the natural world.
- Can talk about some of the things they have observed such as plants, animals, natural and found objects.
- Talks about why things happen and how things work.
- Developing an understanding of growth, decay and changes over time.
- Shows care and concern for living things and the environment.
- Looks closely at similarities, differences, patterns & change.

ELG - Children know about similarities and differences in relation to places, objects, materials and living things. They talk about the features of their own immediate environment and how environments might vary from one another. They make observations of animals and plants and explain why some things occur, and talk about changes.

#### People and communities (30-50)

- Knows some of the things that make them unique, and can talk about some of the similarities and differences in relation to friends or family.

ELG - Children talk about past and present events in their own lives and in the lives of family members. They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.

#### Managing Feelings

- Aware of own feelings, and knows that some actions and words can hurt others' feelings.

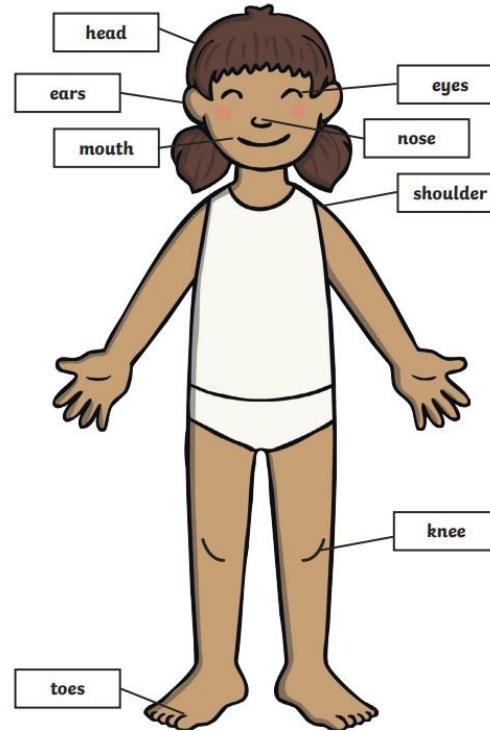
ELG - Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.

#### Health and self-care

- Observes the effects of activity on their bodies.

ELG - Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.

## Parts of the Body



Vocabulary	Definition
Different	Not the same as another of each other.
Same	Identical, not different.
Similar	A person or thing which looks like another but is not identical.
Relatives	People in your family... Mummy, Daddy, brother, sister, grandparents, auntie/uncle, cousins.
Self portrait	A picture or painting of your self.
Senses	You have 5 senses - smell, taste, sight, hearing, and touch.
Body parts	Parts of my body including: skeleton, limbs, heart,
Emotions	How you feel inside such as happy, sad, angry, sur-
Exercise	Means when you play and are physically active through games, gym and dance.
Healthy	When your body is free from illness.



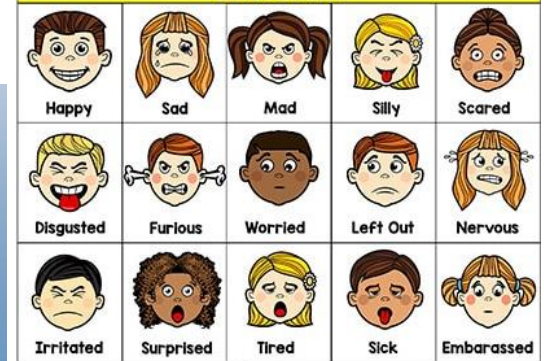
#### Healthy Living

Sub-Area: Health and Self-Care

- One way to stay fit and healthy is to eat healthy foods, for example fruit (e.g. apples, grapes, strawberries) and vegetables (e.g. carrots, lettuce, sweetcorn)
- Another way to stay fit and healthy is to exercise, e.g. running, playing sports, cycling or swimming.

<p><b>I am special</b></p> <p>We will celebrate the uniqueness of ourselves and each other. We will look at our features, create images of faces using a range of materials.</p>	<p><b>My family - people special to me</b></p> <p>Reflect upon the people in our lives that are special to us. Who is in our family? What do I like to do with my family? Understand that families come in all shapes and sizes! <i>Respect the lives of others.</i></p>	<p><b>My home</b></p> <p>Where do we live? Who lives with us? Why is my home special? Places I feel safe and happy.</p>
<p><b>My body</b></p> <p>Learn more about our bodies and how they work. What is a skeleton? Why does my heart beat faster when I run? Use our senses to observe the world around us!</p>	<p><b>My feelings</b></p> <p>Reflect upon our feelings. When have you felt happy or sad? Take part in mindfulness activities.</p>	<p><b>Looking after myself</b></p> <p>Learn more about what our bodies need to keep happy and healthy. Why do we exercise? What changes happen when we exercise? What is a balanced diet?</p>

## Emotions



## Growth

