

Script for What I can control...

Share with the children that you are going to focus on what we can control.
Get the children to discuss and put each of the following in the right place!

Things that I can control.....

Choosing to think before I speak

How I treat other people

Listening

Keeping my hands to myself

Being kind

Working hard

Taking care of myself

Being in your space

Loving myself and others

Taking care of myself

Things that I can't control.....

What other people think

Snowy days!

My teacher and my classmates!

How other people feel

What other people do

Your family

What other people say

What other people like or don't like

Circle of Control

