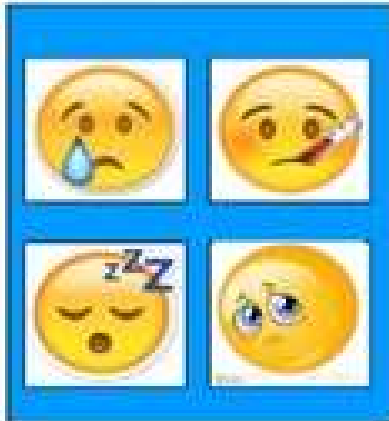
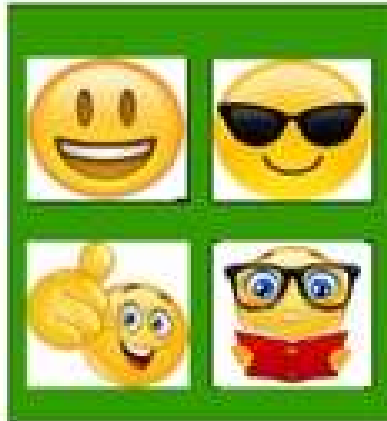


THE ZONES OF REGULATION™



BLUE ZONE

Sad
Sick
Tired
Lonely
Bored



GREEN ZONE

Happy
Calm
Feeling Good
Ready to Learn
Focused



YELLOW ZONE

upset
Worried
Frustrated

Silly/Wiggly
Excited



RED ZONE

Mad
Mean
Scared
Unsafe