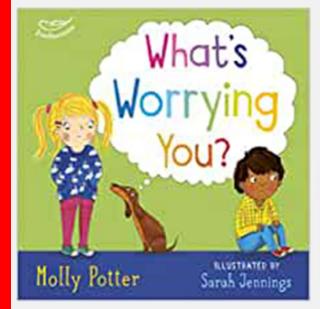
FURTHER READING

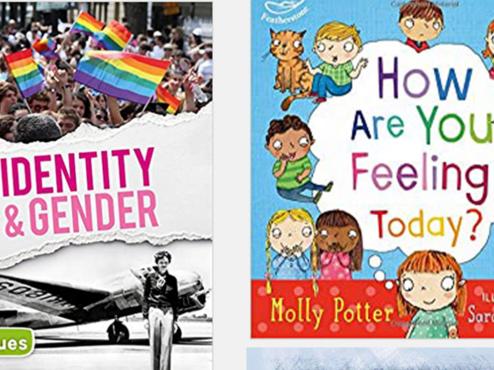


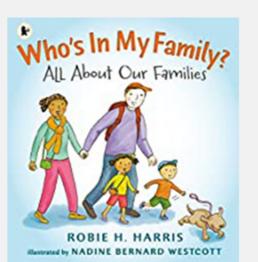












Välues

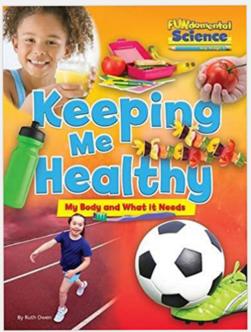
Sarah Jennings 1 still love you Dad

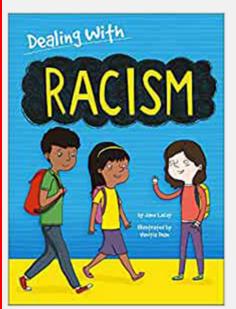
USTRATED BY

FURTHER READING

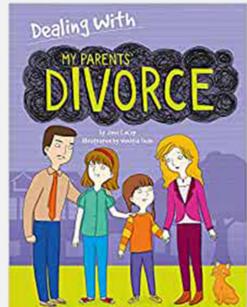














Mental Well-being and Mindfulness



