



'We can and we will'

GLEBE PRIMARY SCHOOL

RELATIONSHIPS, SEX AND HEALTH EDUCATION **WRITTEN STATEMENT OF INTENT**

Today's children are growing up in an increasingly complex world, which involves living their lives both on and offline. As the Relationships and Sex Education (RSE) guidance highlights, this presents many positive and exciting opportunities but also challenges and risks.

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1019542/Relationships Education Relationships and Sex Education RSE and Health Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1019542/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

The implementation of the practices outlined in our Relationships and Sex Education (RSE) Policy will enable Glebe students to develop knowledge and skills to explore their own and others' values in order to make informed choices about their health and well-being, how to be safe and how to manage their academic, personal and social lives in a positive way, while they are at school, at home and in adult life. This policy was written in light of two Parent Consultations and reflects our school's context and acknowledges that our students come from a rich diversity of backgrounds expressing a wide spectrum of beliefs and values. Content will be delivered in a sensitive, objective and balanced manner as per the provisions of the Equality Act 2010.

We define Relationships and Sex Education as the curriculum used to encompass many aspects of the Personal, Social, Health Education (PSHE) curriculum as well as contributing to promoting the spiritual, moral, cultural, mental and physical development of pupils. Our school policy on RSE is based on the Department for Education (DfE) Relationships Education, Relationships and Sex Education (RSE) and Health Education (2019).

The DfE provides the following definition in its guidance:

'It is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance...for family life, of stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity.'

The intent of our Relationships and Sex Education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PSHE, will help young people learn to respect themselves and others and move with confidence from childhood, through adolescence into adulthood.

At Glebe, we want to teach the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This will sit alongside the essential understanding of how to be healthy. Teaching about mental wellbeing is

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central to these subjects. We know that children and young people are increasingly experiencing challenges and that young people are at particular risk of feeling lonely. Our curriculum will give the children the knowledge and capability to take care of themselves and know how to reach out for help, if problems arise.

Central to this is pupils' ability to believe that they can achieve goals, both academic and personal; to stick to tasks that will help them achieve those goals, even when the reward may be distant or uncertain; and to recover from knocks and challenging periods in their lives. This will be complemented by development of personal attributes including kindness, integrity, generosity, and honesty.

Our programme aims to provide the basis for an ongoing programme of RSE that begins in Reception and continues through to Year 6 that will assist children to:

- Develop positive values and a moral framework that will guide pupils' decisions, judgements and behaviour as they move into adolescence and adulthood;
- Understand the consequences of their actions and behave responsibly within all relationships;
- Have the confidence and self-esteem to value themselves and others and to have respect for individual conscience and the skills to judge what kind of relationships they want;
- Communicate effectively;
- Avoid being exploited or exploit others;
- Avoid being pressurised into behaviours or situations they do not feel comfortable with;
- Understand the processes of puberty, conception and birth
- Understand the importance of health and hygiene;
- Show respect for their own bodies and other people's;
- Recognise their emotions and express them effectively and appropriately
- Understand the importance of family life for all and, in particular in the development of a child,
- Recognise and respect that different people make different decisions about the relationships they choose to enter into.

Parents have the right to withdraw their child from all or part of the sex education programme that we teach in our school but not from the biology taught in science lessons nor from relationships education. If a parent wishes their child to be withdrawn from sex education lessons, they should discuss this with the Head teacher and make it clear which aspects of the programme they do not wish their child to participate in and their reasons for doing so. The school always complies with the wishes of parents in this regard. Please see Appendix 4 in the RSE Policy.

Please see our RSE policy for more information.