

# Am I ready for school?

When your child starts school there are many skills that they should have ideally mastered or that you could help with along the way. You can use this sheet as a guide to track their progress.

## Self Care

- I know when to wash my hands.
- I can wipe my nose.
- I can ask for help if I don't feel well.

## Speaking & Literacy

- I am interested in books & looking at pictures.
- I am practicing recognising my name when it is written down.

## Getting dressed on my own

- I can button & unbutton my clothes.
- I can put on my own shoes & socks on.
- I can put on my coat on & use the zip.

## Eating

- I can use a knife and fork.
- I can open my packed lunch on my own.
- I am confident at opening wrappers.

## Writing Skills

- I like tracing patterns & colouring in.
- I enjoy experimenting with different shapes.
- I am practicing to hold a pencil.

## Toilet

- I can go to the toilet on my own.
- I can wipe myself & flush correctly.
- I can wash & dry my hands without help.

## Independence

- I am happy to be away from my mummy, daddy or my main carer.
- I am happy to tidy up my belongings and look after my things.
- I am feeling confident with starting school.

## Listening & Understanding

- I am able to sit still and listen for a short while.
- I can follow instructions.
- I understand the need to follow rules.

## Sharing

- I can share toys & take turns.
- I can play games with others.
- I can interact with other children.

## Counting

- I enjoy counting objects.
- I like saying number rhymes and playing counting games.
- I can recognise some numbers when they are written down.

## Routines

- I have practised putting on my uniform & getting ready to leave on time.
- I have a good bedtime routine so I'm not feeling tired for school.
- I am learning to eat at the times that I will at school.

