



P.E. Overview 2022-23

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Basic Movement and Spatial Awareness	Basic Ball Control and Skills	Basic Hand and Eye Co-ordinating & Throwing and Catching	Tagging and Dodging & Spatial Awareness	Sports Day Practise & Athletic Events – Running, Jumping and Throwing Skills	Team Games and Skills
Year 1	Movement and Spatial Awareness	Ball Control and Sending & Receiving	Gymnastics & Hand and Eye Co-ordinating & Throwing and Catching	Tagging and Dodging & Spatial Awareness	Sports Day Practise & Athletic Events – Running, Jumping and Throwing Skills	Team Games and Skills
Year 2	Football	Basketball	Dance & Hockey	Tennis	Athletics	Rounders/Cricket
Year 3	Football	Netball	Fitness	Gymnastics & Tennis	Athletics	Rounders
Year 4	Tag Rugby	Basketball	Hockey	Volleyball	Dance & Athletics	Cricket
Year 5	Football	Netball	Fitness	Tennis	Gymnastics & Athletics	Rounders
Year 6	Tag Rugby	Basketball	Hockey	Dance & Volleyball	Athletics	Cricket