



GLEBE

GLEBE PARENT NEWSLETTER



I hope you have all had a good week.

Happy New Year! It was lovely to welcome you all back on Monday.

I hope you all had a wonderful Christmas break and even if you don't celebrate Christmas, I hope you were able to spend quality time with your loved ones doing things you enjoy.

As always seems to be the way with the spring term, it's relatively short but means it's extra busy as we try to cram everything into the next 10 weeks.

Weekly Attendance %

3G	100
1S	99.2
3D	98.7
2F	98.3
6L	98.1
1M	97.5
4W	97.3
5I	97.2
3ME	97
RP	96.2
5M	95.9
4JL	94.7
2J	93.9
5IP	93.8
2C	92.9
RB	91.8
6A	91.4
6K	91
RW	89.9
1G	89.3
4V	86.2

Whole School

95%

PROUD PAGE

Leo in Year 3

Following a nine week stay in hospital over the summer months, Leo in 3ME underwent major spinal surgery in August 2024. Since then, he has worn a back brace, a rigid neck collar and spent most of the Autumn term off the playground, while his back healed.

Despite all of this, (as well coping with not being allowed to play football!), Leo has remained positive and taken everything in his stride - for that, everyone who knows Leo is incredibly proud. We're also proud of his younger brother, Joseph in 1S, for being so supportive to Leo.



PLEASE HELP US ENHANCE OUTDOOR PLAY

We are excited to share that Glebe is planning a fantastic new initiative to enhance outdoor play for our pupils, set to launch this year. The new scheme will support the children's social, emotional and physical well-being. Our aim is to utilise the wonderful outdoor space that we are so fortunate to have and encourage creativity, teamwork, problem-solving and active play in a safe environment.

To bring this project to life, we are looking for donations of items that can be used as "loose parts." These versatile materials allow children to build, explore, and create in imaginative ways. If you have any of the following items at home or are able to help source these for us, we would be incredibly grateful for your support.

All donations, big or small, would make a huge difference to the success of this project and help us create a vibrant and engaging space for all our children to enjoy.

If you can contribute any of the items on the next page, please email the school office and Mrs Bhardwaj will get back to you.

Thank you so much for your continued support.

Mrs Bhardwaj



LOOSE PARTS

DONATIONS NEEDED

- Astro turf cut offs
- Boards, panels
- Crates (eg bread crate, milk crate, grocery crate)
- Briefcases
- Buggies/ Pushchairs
- Cable drums
- Carpet samples/squares
- Fabrics
- Foam pipe covers and noodles
- Guttering (not metal)
- Hoses
- Keyboards
- Metal pots/pans/trays (especially catering sizes)
- Nets
- Footballs
- Old, small household appliances (Microwave, fax machine etc)
- Pallets
- Phones
- Piping
- Planks and decking
- Plastic chairs with no legs
- Plastic road barriers
- Plastic trugs/ water carriers/ watering cans
- Ropes
- Wheels (eg small children's bike wheels)
- Sand pits (large)
- Sand bags
- Small wheely bins
- Sofa and Chair cushions
- Steering wheels
- Suit cases
- Tarps
- Traffic cones
- Tyres (car, go-cart, bike etc)
- Waterproof cot mattresses
- Large wooden blocks and cut offs



REMEMBER



Key Information & Dates



Absence and Appointment Reporting

Please don't forget that from this week, we require parents/carers to email to report *planned* absence (not sickness) or to inform school of any appointments that your child has. We will also need to see proof of the appointment so we have set up a specific absence reporting email address which will enable you to attach the necessary evidence:

absence@glebeprimary.org

Please note, from now on, this is the only approved way to inform us. If we are not informed via this channel and evidence of an appointment is not shared, the absence may be classed as unauthorised.

You can inform the class teacher via Dojo **in addition** to using the absence address, but not instead of.

Please note: sickness absence can still be reported via our specific telephone line.

School Census - Thursday 16th January

Next Thursday is school census, which is a very important day for us financially. The funding we receive from the Government to provide free school meals is based on the number of children who take up the school meal option on that day. Please consider, even if your child normally has a packed lunch, ordering them a Pantry meal next Thursday so our funding is not negatively impacted. The Pantry are providing a menu alternative for that day and the details appear later in this newsletter.



REMEMBER



Key Information & Dates



Parent Governor Nomination Deadline

Please don't forget that the deadline for nominating yourself for the role of Parent Governor is next week. If you wish to nominate yourself, a form can be obtained from Mrs Georgiou, Clerk to the Governing Body.

Please email her on dgeorgiou@glebeprimary.org



UPDATES



5IP

6A



This week's winners are

REMEMBER



Key Information & Dates



Spring Term - 2025

Thursday 23rd January - 3ME Class Assembly at 9.15am - parking on playground from 9.05 but not before for health and safety reasons

Wednesday 29th January - Year 1 trip to Kew Gardens

Thursday 6th February - 3G Class Assembly at 9.15am - parking on playground from 9.05 but not before for health and safety reasons

Tuesday 11th February - Parent Consultation Evening: 4pm - 7pm

Thursday 13th February - Parent Consultation Evening: 4.30pm - 7.30pm

Half Term: Monday 17th - Friday 21st February

Monday 24th February - Training Day: School closed to all pupils

Thursday 27th February - 3D Class Assembly at 9.15am - parking on playground from 9.05 but not before for health and safety reasons



UPDATE

Term Dates for Academic Year 2025 - 2026

Autumn Term - 2025

Term starts: Tuesday 2 September 2025

Half term: Monday 27 to Friday 31 October 2025

End of term: Friday 19 December 2025

Autumn Term Training Days

Thursday 27th November 2025

Friday 28th November 2025

Spring Term 2026

Term starts: Monday 5 January 2026

Half term: Monday 16 to Friday 20 February 2026

End of term: Friday 27 March 2026

Summer term

Term starts: Monday 13 April 2026

Half term: Monday 25 to Friday 29 May 2026

End of term: Tuesday 21 July 2026

Summer Team Training Days

Monday 1st June 2026

Monday 20th July 2026

Tuesday 21st July 2026

CURD CORNER



Don't forget that we are collecting empty plastic chocolate, sweet and cracker tubs until Thursday 13th February for Macmillan Cancer Support.

We also collect used stamps all year round for the British Hedgehog Preservation Society.

There are some changes to our Terracycle collection raising money for our school gardening efforts this month. We will stop collecting home cleaning wipes packaging, air fresheners and dishwasher tablets packets from Friday 17th January.

We now collect Flash Dust Magnet heads and Lenor tumble dryer sheets and can accept these straight away.

Thank you for your support.

CENSUS DAY II

Thursday 16th January

The Pantry logo is a yellow circle with a sunburst background. Inside the circle, the words "The Pantry" are written in a stylized, red, outlined font. Below this, the website address "ThePantryCatering.co.uk" is written in a smaller, black font.

The
Pantry
ThePantryCatering.co.uk

Beef Burger
Vegan Burger
Fries
Corn on the Cob
School Cookie

A wooden signpost with three directional arrows pointing to the right. The top arrow is labeled "THE PANTRY", the middle arrow is labeled "LUNCH TIME", and the bottom arrow is labeled "FRESH FOOD".

THE PANTRY

LUNCH TIME

FRESH FOOD



What Parents & Educators Need to Know about WORRY AND ANXIETY

Worry and anxiety are common emotions experienced by children, often triggered by uncertainty or fear. While worry involves concern about future events, anxiety is a persistent feeling of dread or apprehension. Current statistics indicate a rising prevalence of anxiety disorders among children, and this guide has some expert advice on understanding and addressing these concerns.

UNDERSTANDING WORRY AND ANXIETY



Worry and anxiety are emotional responses to stress or uncertainty. Worry is typically associated with potential misfortune, while anxiety is characterised by feelings of fear, apprehension or unease. Both can manifest physically through symptoms such as restlessness, fatigue or muscle tension. Understanding the distinction between worry and anxiety is crucial for effectively addressing these concerns in children.

WHAT ARE THE RISKS?

LONG-TERM CONSEQUENCES

Untreated worry and anxiety in childhood can have potentially lifelong impacts on a person's mental health and wellbeing. Chronic anxiety may increase the risk of developing anxiety disorders, depression or other mental health conditions later in life. Additionally, unresolved worry and anxiety can negatively impact self-esteem, confidence and overall resilience. It's essential to address these concerns proactively and provide appropriate support and intervention.

THE IMPACT ON CHILDREN

Excessive worry and anxiety can have profound effects on children's mental and emotional health. It may interfere with their ability to concentrate, sleep or participate in daily activities. Chronic worry and anxiety can also lead to physical symptoms such as headaches, stomach aches or difficulty breathing. Left unchecked, these concerns can escalate and potentially contribute to the development of anxiety disorders later in life.

DIFFERENTIATING WORRY FROM ANXIETY



While worry and anxiety share similarities – in that they both involve concerns about possible trouble – anxiety tends to be more constant and overwhelming. Worry may come and go depending on circumstances, whereas anxiety can linger regardless of the situation. It's essential to recognise when the former crosses into the latter, as anxiety can significantly impact a child's daily functioning and wellbeing.

THE EMOTIONAL TOLL

The emotional impact of worry and anxiety on children can be significant, affecting their overall quality of life and wellbeing. Children experiencing chronic worry or anxiety may feel overwhelmed, irritable or helpless. They may also withdraw from social activities or avoid situations that trigger their anxiety, leading to feelings of isolation or loneliness. Addressing these concerns early can help prevent long-term emotional distress and promote healthy coping strategies.

ACADEMIC & SOCIAL IMPACTS

Impacts on the academic performance and social interactions of children and young people are very possible. Frequent worry or anxiety may impair concentration, memory and problem-solving skills, making it difficult for children to succeed in education. Anxiety can also hinder social development by causing children and young people to avoid social situations or to struggle with communication and interpersonal relationships, potentially leading to feelings of isolation or exclusion.

Advice for Parents & Educators

ENCOURAGE OPEN COMMUNICATION

Parents and educators can foster a supportive environment by encouraging children to express their worries and anxieties openly. Actively listening and acknowledging young people's emotions can help them feel understood and supported, reducing the situation's intensity. Creating opportunities for regular check-ins and discussions about one's feelings can promote healthy coping strategies and strengthen communication bonds.



CREATE A SUPPORTIVE ENVIRONMENT

Parents and educators play a crucial role in creating a supportive environment that promotes emotional wellbeing. Establishing routines, providing predictability and offering reassurance can help relieve anxiety and create a sense of security for children. Foster a culture of empathy and understanding, where children feel safe enough to express their emotions and seek support when needed.

TEACH COPING STRATEGIES



Empowering children with effective coping strategies is essential for managing worry and anxiety. Encourage the use of relaxation techniques such as deep breathing, mindfulness or progressive muscle relaxation to calm anxious thoughts and promote a sense of composure. Additionally, teaching positive self-talk and problem-solving skills can help children develop resilience and confidence in managing challenging situations.

SEEK PROFESSIONAL HELP

Recognising when to seek professional help is vital for addressing significant or persistent worry and anxiety in children. If worry or anxiety significantly impacts a child's daily functioning, interferes with their relationships or academic performance, or causes significant distress, it may be necessary to consult with a mental health practitioner. Early intervention can prevent long-term consequences and promote positive outcomes for children's psychological wellbeing.

Meet Our Expert

Adam Gilllett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which collaborates with schools on improving their mental health provisions.



NURSERY



This term our topic is Nursery Rhymes.



Can you guess what rhyme we learnt this week?



HIGHLIGHTS

RECEPTION

Reception have been learning all about underwater creatures, the book Tiddler and sequencing numbers.



PIC • COLLAGE

HIGHLIGHTS

YEAR 1



We made missing posters to find Granny Greta who had fled from Mr. Wolf.



Representing numbers using concrete resources.

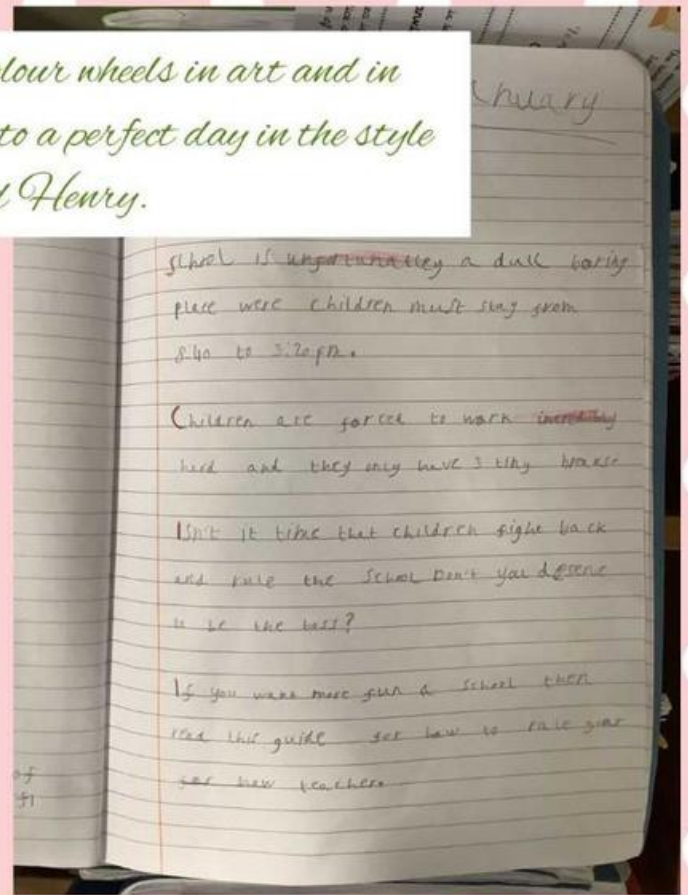
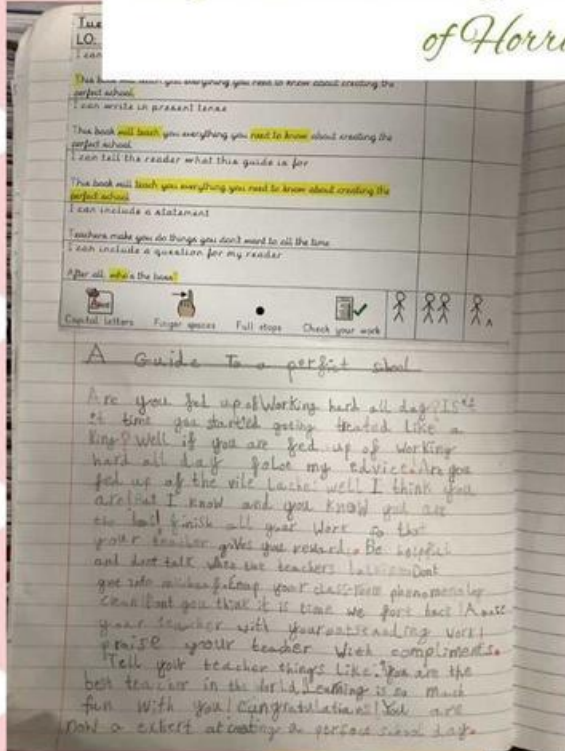


PIC•COLLAGE

HIGHLIGHTS

YEAR 2

Year 2: We explored colour wheels in art and in English we wrote our guide to a perfect day in the style of Horrid Henry.



HIGHLIGHTS

YEAR 3



HIGHLIGHTS

YEAR 4

*Year 4 have had great fun
making their own
'Cracking Contraptions'*



PIC•COLLAGE

HIGHLIGHTS

YEAR 5

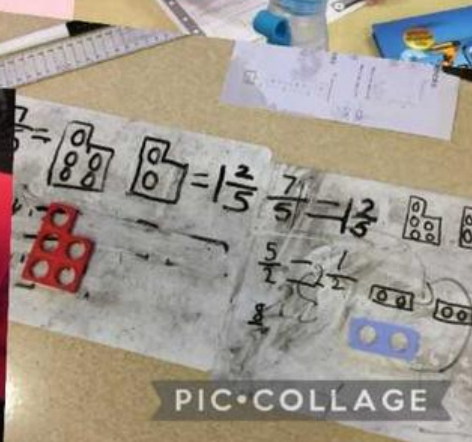


YEAR 5



WE HAVE COMPLETED
MAKING DRUMS.

WE ARE BACK WORKING
HARD DURING OUR MATHS
LESSONS!



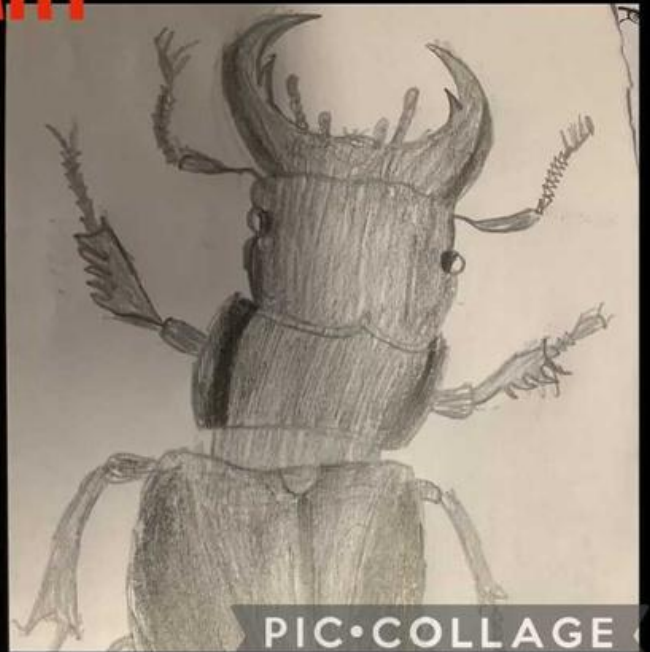
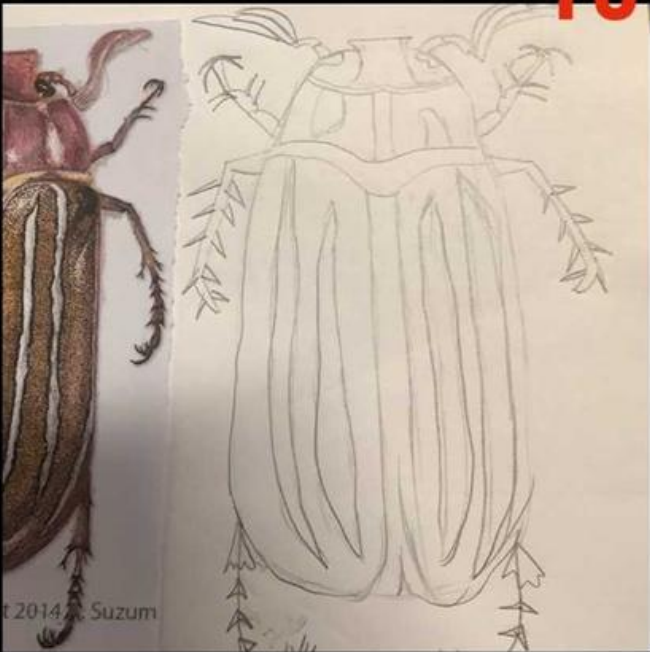
PIC•COLLAGE

HIGHLIGHTS

YEAR 6



Y6 ART



HIGHLIGHTS

Wishing you all a
lovely weekend.

Mrs Penney

Who is our mystery guest?

Clue 1: I am a cartoon secret agent.

Clue 2: I first appeared on TV screens in
1981 and my show ran until 1992 (so some
of your parents may know me too).

Clue 3: I came back on TV in 2015.

Clue 4: My sidekick is a mole named
Penfold.



GLEBE
WEEKLY
SCHOOL
NEWS