



GLEBE

GLEBE PARENT NEWSLETTER



I hope you have all had a good week.

Phase Monitoring

We began our termly phase monitoring this week by visiting the classes and looking at the work of the children in UKS2.

As ever, feedback is given to individual staff with development points for them to action before the next round of monitoring.

Mystery Guest

Last week's mystery guest was.... Ariana Grande! Well done to everyone who guessed correctly.



Weekly Attendance %

5I	99
4W	98.7
4V	98.7
1G	98.1
5IP	97.9
1S	97.7
6L	97.4
3D	97.3
6A	97.1
RW	97
4JL	96.7
3G	96.6
3ME	96.3
2C	94.7
1M	93.5
6K	92.8
2F	92.4
RB	91.4
2J	90.7
RP	90.5
5M	90.3

Whole School

96.7%

ATTENTION STARGAZING FANS AND AND BUDDING ASTRONOMERS!

Over the next few weeks on a clear night, you may be able to see a great line up of planets in the night sky.

Using a free app like Night Sky or Sky Tonight will help you to locate them.

There is more information about it in this newsround clip:

<https://www.bbc.co.uk/newsround/videos/c1404jr8xr4o>

I would love to hear from any children who enjoyed looking for the planets!

Wrap up warm and have fun! 🪐 🌍 ★

Mrs Mountain

HIGHLIGHTS

Enrichment Group Trip

Last Friday, our Enrichment group visited the local shop to put into practice all the skills they have been learning. This included safely walking to the shop, looking for items to buy, counting out the correct coins, handing over the coins to pay for their items and speaking to the shop keeper. All of them did extremely well and we are really proud of them. A huge thank you to the staff for preparing them so well over the past few weeks.





HIGHLIGHTS

3ME Class Assembly

On Thursday morning I had the pleasure of being invited to 3ME's class assembly. It was an absolute joy – not only to see their amazing performance, which included singing, actions, poetry and some seriously star quality acting, but also to witness how their confidence and subject knowledge has developed.

The assembly kicked off with some delightful snippets of scenes from the Roald Dahl book 'The Twits', where the acting was truly Oscar worthy from many of the children- watch out Hollywood! 3ME then smoothly moved onto the children talking about friendship and kindness, including a fantastic recipe for a good friend. I'm sure it didn't take 3ME long to come up with the ingredients as they are such a friendly and kind group themselves! The singing was fantastic, but making it even better was the addition of some truly inclusive Makaton signs, which helped demonstrate that they definitely practice what they preach when it comes to friendship.

A massive well done to 3ME and all the staff who worked so hard to bring this all together.

Miss Wands

12 READS OF CHRISTMAS

As promised last week, the winners of the 12 Reads of Christmas Bookmark raffle prizes are:

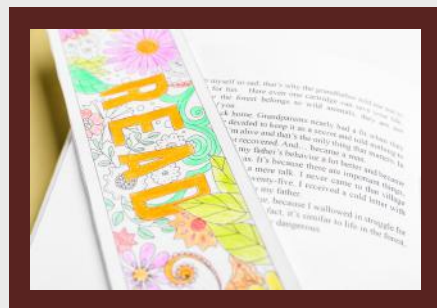
EYFS & KS1

Nursery: Harmony

Reception: Aaryan, Amelia & Charlie

Year 1: Nell, Myla & Theodore

Year 2: Haze, Constance & Joshua



KS2

Year 3: Jovan, Aarav & Isabelle

Year 4: Amelia, James & Sofia R

Year 5: Remie, Mahnoor & Paridhi

Year 6: Kyan, Jensen & Henry





MR DWYER'S SPORTS NEWS

Boys Football

On Wednesday, the A Team had their cup ¼ final match vs Lady Bankes. It's fair to say that Glebe started slowly and that Lady Bankes were the better team in the early stages. The boys grew into the game and were more than holding their own by the time the half time whistle went. Unfortunately, Glebe started slowly in the second half too and soon went 1-0 down. This was when they finally found some rhythm and started to play football. A goalmouth scramble was finished by Georgie who managed to toe poke the ball home to make it 1-1; then some fantastic counter attacking football from Ethan and Georgie was finished off by the latter, who put the ball through the keeper's legs. Glebe had one foot in the semi-finals, but it was never going to be plain sailing against a strong Lady Bankes side and they went on to pull it back to 2-2 with about 7 minutes remaining. Glebe needed a hero and in the dying moments, Blake stepped up to the plate and hit a low half volley into the bottom corner! Glebe are into the semi-finals again! A huge well done to: Harry, Fletcher, Daniel, Ethan, Elliot, Oscar, Georgie, Harley and Blake.

REMEMBER



Key Information & Dates



Parent Consultation Evenings

Our booking system for parents' evening appointments will be going live at **5pm** next **Wednesday (29th)**.

The dates and timings of the consultation meetings are on page 8 of this edition. Please ensure you sign up quickly to avoid disappointment.



Nerys Pearce

Next Thursday we will be welcoming Nerys Pearce, a GB Invictus and Commonwealth Games competitor with 9 world records.

She will be speaking to us during assembly and all year groups from Reception to Year 6 will be completing a fitness circuit with her during the day.

Please ensure your child is wearing their PE kit next Thursday (30th).

**INVICTUS
GAMES**

REMEMBER



Key Information & Dates



Spring Term - 2025

Wednesday 29th January - Year 1 trip to Kew Gardens

Thursday 6th February - 3G Class Assembly at 9.15am - parking on playground from 9.05 but not before for health and safety reasons

Tuesday 11th February - Parent Consultation Evening: 4pm - 7pm

Thursday 13th February - Parent Consultation Evening: 4.30pm - 7.30pm

Half Term: Monday 17th - Friday 21st February

Monday 24th February - Training Day: School closed to all pupils

Thursday 27th February - 3D Class Assembly at 9.15am - parking on playground from 9.05 but not before for health and safety reasons

UPDATES



This week's winners are

1M

1S

LOOSE PARTS

DONATIONS NEEDED

- Astro turf cut offs
- Boards, panels
- Crates (eg bread crate, milk crate, grocery crate)
- Briefcases
- Buggies/ Pushchairs
- Cable drums
- Carpet samples/squares
- Fabrics
- Foam pipe covers and noodles
- Guttering (not metal)
- Hoses
- Keyboards
- Metal pots/pans/trays (especially catering sizes)
- Nets
- Footballs
- Old, small household appliances (Microwave, fax machine etc)
- Pallets
- Phones
- Piping
- Planks and decking
- Plastic chairs with no legs
- Plastic road barriers
- Plastic trugs/ water carriers/ watering cans
- Ropes
- Wheels (eg small children's bike wheels)
- Sand pits (large)
- Sand bags
- Small wheely bins
- Sofa and Chair cushions
- Steering wheels
- Suit cases
- Tarps
- Traffic cones
- Tyres (car, go-cart, bike etc)
- Waterproof cot mattresses
- Large wooden blocks and cut offs



JOIN OUR
HERO SQUAD
THIS HALF TERM!



FUNWEEKS

FEBRUARY ACTIVE CAMP



BOOK ONLINE:
WWW.THEPSDGROUP.ORG.UK

EARLY BIRD PRICING:

BOOK BEFORE
MIDDAY ON
12TH FEB
£25.00

BOOK AFTER
MIDDAY ON
12TH FEB
£26.50

EPIC SPORTS!
SUPERHERO CRAFTS!

PRIZES!

CHALLENGES!

**10% SIBLING
DISCOUNT!**

GLEBE PRIMARY SCHOOL

MONDAY 17TH - FRIDAY 21ST FEBRUARY 25
9AM - 3PM • £25.00 PER DAY

EXTENDED HOURS AVAILABLE FROM 8AM - 6PM
8AM - 9AM - £5.00 8AM - 6PM - £40.00

CONTACT US:

☎ 0203 397 7409

✉ info@thepsdgroup.org.uk

📷📱 [thepsdgroupuk](https://www.thepsdgroupuk)



SCAN TO BOOK



Families Roadshow

Come along and find out more about our support for families.



Wednesday 5

February

10am to 3pm Ruislip Manor Library

Linden Avenue, HA4 8TW



Meet some of our partners, including staff from our children's centres, Families Information Service and the NHS.

There'll even be some free activities for under-fives!



HILLINGDON
LONDON

www.hillingdon.gov.uk/families-roadshow

February Short Courses are here

Make a splash this February half term with our swimming short courses! Whether your child is a beginner or looking to improve, our expert instructors will help them build confidence and skills. Sign up today!!

For more information please speak to a member of staff or visit better.org.uk/swimming-lessons

**Monday 17th - 21st
of February**

What's
on...

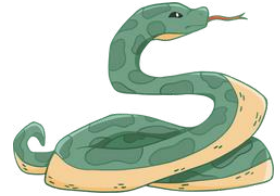
at Ickenham Library

February

Saturday 1 February 11am-12pm

Chinese New Year Stories and Crafts

Join us during National Storytelling Week to listen to stories about Chinese New Year and make some paper snakes to celebrate the Year of the Snake. For 5-11 years



New on Thursdays from 6 February 4-4.45pm (term-time only)

Story Stars

Fire up your imagination by listening to an exciting story followed by a fun activity. For 5-7 years



Tuesday 18 February 11am-12pm

Jane Austen 250: Decoupage Delights

Learn about Jane Austen, her life and books as you take part in the Regency activity of decoupage using pressed flowers and paper to decorate jam jars and shells.

For 7-11 years



Saturday 22 February 11am-12pm

Sow and Grow Kids: Heart Month

Share what you love about nature and make some heart-shaped decorations using natural materials.

For 5-11 year olds



For more information please speak to a member of staff or visit www.hillingdon.gov.uk/libraries. To book a place scan QR code.



What Parents & Educators Need to Know about HEALTH & FITNESS APPS

Physical wellbeing apps are useful tools for monitoring and improving our health. They allow us to balance nutrition, set goals, track our activities and sleep patterns, and motivate us to exercise. Nonetheless, there have been some reported drawbacks; this guide outlines some of these concerns and explains how to use fitness apps safely.

WHAT ARE THE RISKS?

LACK OF PERSONALISATION

Many apps take a one-size-fits-all approach, failing to account for the varying ages and abilities of children: a 16-year-old, for example, will have different physical needs to a child of 10. This can create unrealistic expectations and set exercises which may be too advanced for younger children or too simple for older ones.

NOT DEVELOPED BY EXPERTS

Some fitness and wellbeing apps are developed by experts in the field – but a concerning number of them aren't. As such, these platforms may contain inaccurate information. They may present safety concerns by giving incorrect advice regarding physical activities or might include age-inappropriate content which would clearly cause more harm than good.

REDUCED INTERACTION WITH OTHERS

Physical wellbeing apps can remove the social and interactive elements which physical exercise can offer – for instance, meeting people at fitness classes, at the gym or during any other such activities. Research has found that young people generally dislike this aspect of fitness apps, suggesting that they would rather exercise in the company of friends or other like-minded individuals.

DATA AND PRIVACY CONCERNS

Fitness and wellbeing apps tend to collect a lot of personal information from their users, including name, location, date of birth, details of their physical health and more. It's worth keeping in mind that some of these apps may sell this data to third parties. We'd advise that any apps young people download should have the correct legislation in place to protect their safety and privacy while using the service.

ADDITIONAL COSTS

While many fitness apps are free to download, the initial content is quite basic. Users will only receive more helpful content (such as new workouts, nutrition advice or a personalised plan) by signing up to a subscription or paying for extra features. This can incentivise users to spend money on the service – a cost which can quickly mount up.

DEPENDENCY ON THE APP

While physical wellbeing apps can help motivate young users to manage their fitness, there's a possibility that – without being sent frequent rewards and reminders – children could start to lose their natural drive to be active. Young people may also become obsessed with tracking their exercise, health and eating habits: this can have negative effects on their mental and emotional wellbeing.

Advice for Parents & Educators

EXERCISE AND SOCIALISE

Highlight the importance of children enjoying fitness activities with family and friends, rather than always exercising alone. Emphasise the fun they can have by interacting with others rather than solely relying on an app to maintain their regime. Remind them of the importance of staying active, as well as the benefits of doing so with company.

PROMOTE POSITIVE BODY IMAGE

While we want children to be active and healthy, we must also ensure they don't become fixated on how they look and begin take things too far. During childhood and adolescence, the body is still growing and changing. It's vitally important for young people's wellbeing that we promote a positive body image and a healthy relationship with food, empowering them to make informed decisions about their diet and lifestyle.

REVIEW THE APP FIRST

Before allowing someone under 18 to install a fitness and wellbeing app, check its age rating, read its reviews and scroll through its data policy, to ensure its suitability for younger users. You could also try it yourself, to see if it's appropriate for the child's particular needs and decide if you're comfortable with them using it. Ensure that any privacy-compromising features – such as location tracking – are disabled.

USE PARENTAL CONTROLS

As with all apps, it's important for parents to familiarise themselves with any controls on the app and to use these on a child's account. The specific settings vary between platforms but – most commonly – these will relate to screen-time limits, disabling or capping in-app purchases, and managing social aspects or features which aren't age appropriate. By utilising these controls, you can help to ensure a child is getting a safe experience.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/wellbeing-fitness-apps>

NURSERY



HIGHLIGHTS

RECEPTION

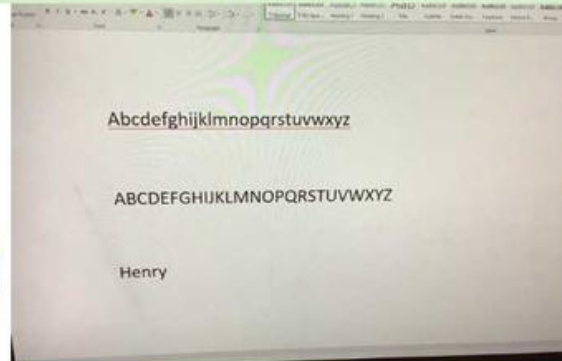


HIGHLIGHTS

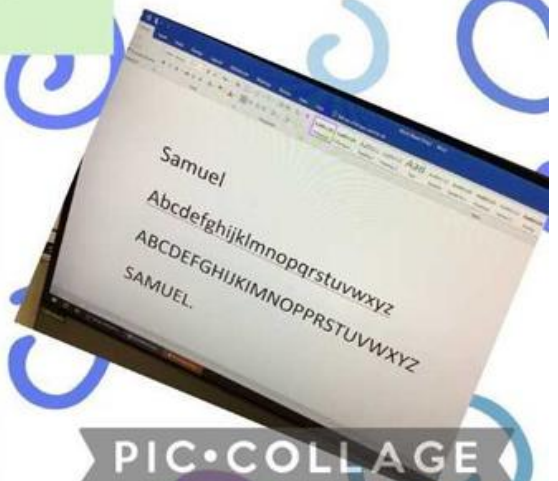
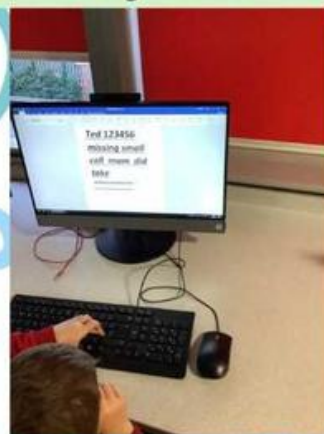
YEAR 1



In PE we are developing ball skills.



In Computing we are learning to use the keyboard.



PIC•COLLAGE

HIGHLIGHTS

YEAR 2



Year 2 have had lots of fun exploring materials in science. They have investigated reversible and irreversible changes using toast and the best material to make an umbrella.



PIC•COLLAGE

HIGHLIGHTS

YEAR 3



In Year 3, we carried out an experiment of making sedimentary rocks in Science.



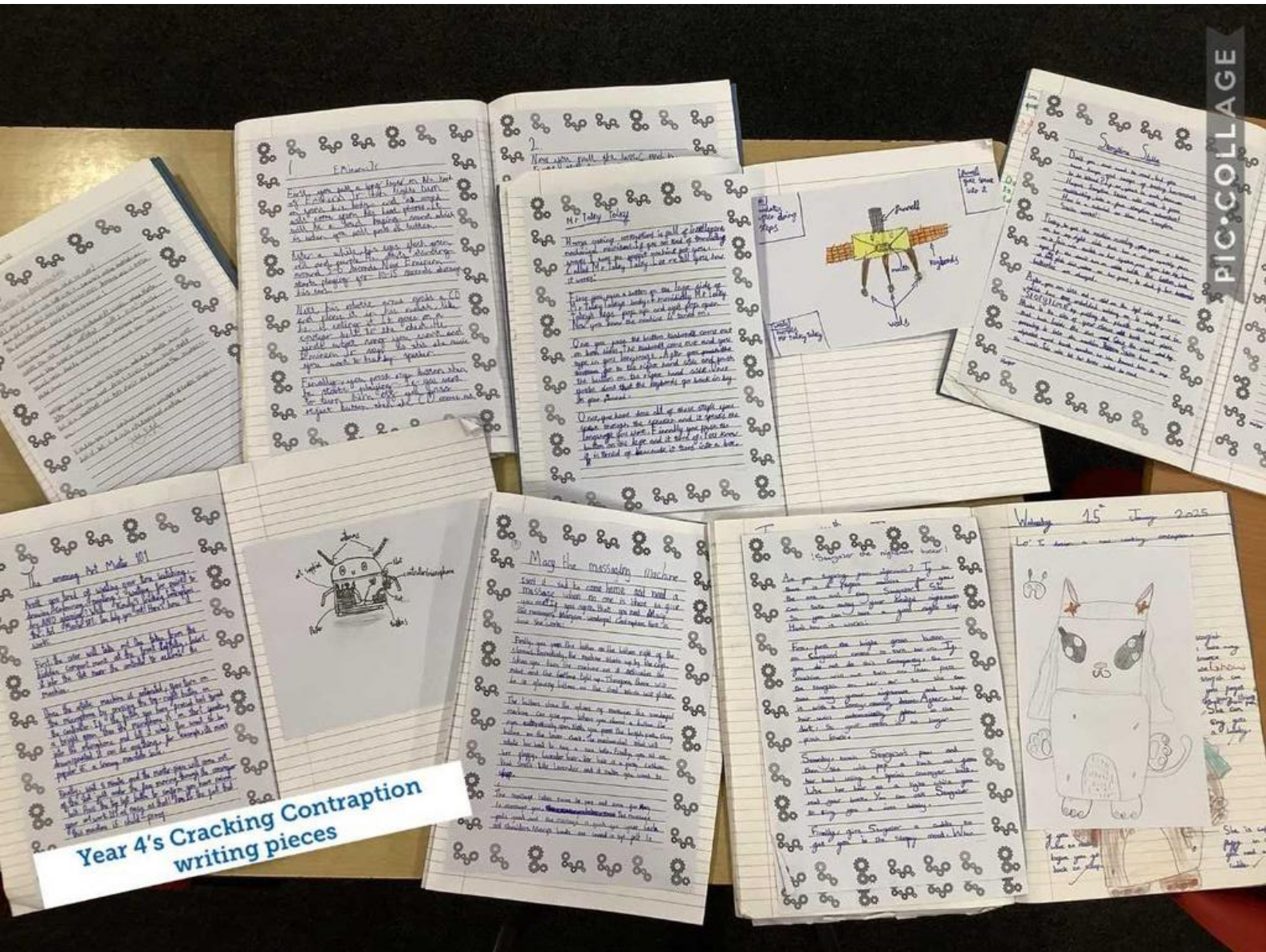
We also looked at tenths in maths and represented it as a fraction and a decimal.



PIC•COLLAGE

HIGHLIGHTS

YEAR 4



Year 4's Cracking Contraction writing pieces

HIGHLIGHTS

PICCOLAGE

YEAR 5



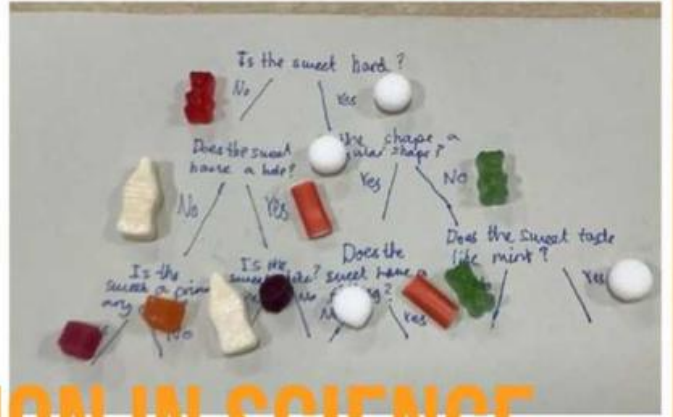
YEAR 5

WE HAVE BEEN ENJOYING
OUR LESSONS IN MUSIC



HIGHLIGHTS

YEAR 6



CLASSIFICATION IN SCIENCE



PIC • COLLAGE

HIGHLIGHTS

Wishing you all a
lovely weekend.

Mrs Penney

Who is our mystery guest?

Clue 1: Julia Donaldson created me in
2011.

Clue 2: I am very greedy and rude.

Clue 3: I steal food from other animals.

Clue 4: I even stole hay from my own
horse.



GLEBE
WEEKLY
SCHOOL
NEWS