



GLEBE

GLEBE PARENT NEWSLETTER



I hope you have all had a good week.



It has been lovely welcoming you all back this week. I hope you all had a good summer and enjoyed time with loved ones.

I have been delighted with how well the children have settled back into school. The atmosphere around school is fantastic with the children focused and embracing their new teachers and year groups.

A warm welcome to all the families who have joined us this week - we hope your time at Glebe is happy and successful.

**Attendance
No. of sessions
missed this week
(SESSION = 0.5 DAY)**

RW	0
1B	0
4V	0
5I	0
RB	2
2G	3
5K	3
RP	4
6K	7
3S	8
1S	9
3G	9
3D	9
6M	9
5F	10
4W	11
6L	11
2ME	13
1M	14
4JL	16
2F	18

Whole School
156
sessions missed out of a possible 4502 (4 days)

FRIDAY 5TH SEPTEMBER 2025

Congratulations



We wish Mrs Millington - now Mrs Kursteiner - and her husband Dave many congratulations as they were married during the summer holidays. I am sure you will join me in wishing them both a lifetime of love and happiness.

Remembering Mr Budden



Wednesday 3rd September marked two years since the very sudden passing of our beloved Mr Budden. We still miss him terribly but the memories and funny stories we share as his colleagues flow readily and help ease the sadness. I would LOVE to know what he'd make of OPAL. My guess is that he'd hate it due to the amount of 'stuff' and tidying away necessary!

PROUD PAGE

Keira - Year 6



Keira was selected to represent the UK at the World Mountainboard Freestyle competition at Moszczenica Park in Poland 18/19 July.

Unfortunately weather issues meant there would be no practice allowed the days running up to the event which was daunting as the size and difficulty of the jumps were larger than anticipated, however Keira summoned up the courage and performed a series of jumps and grabs which earned her the title of Best Girl!

Keira also competed in the UK Championships, held at Bugsboarding in Gloucester 2/3rd Aug. This competition consisted of 3 disciplines: downhill time trial, boarder cross and freestyle. Keira decided not to compete in the junior category but in the Ladies, this meant she would be racing against men and women of all ages. Some of the races were super close and there were some nail biting moments, a few crashes and some amazing recoveries all resulting in Keira taking home trophies in all disciplines.

3rd in freestyle, 2nd in boarderX, and 2nd in downhill, which gave Keira 2nd overall in the UK Ladies category!

Congratulations on a phenomenal achievement, Keira. We are all so proud of you.



REMEMBER



Key Information & Reminders



Class Dojo

If you are new to Glebe, please sign up for this free app. It is widely used throughout the school and an excellent way to keep in touch with your child's class teacher.

I would like to remind all parents to be mindful of teachers' work/life balance and I encourage my staff to not write or respond to Dojo messages after 6pm. I also ask that you consider that teachers may not be able to respond to queries during the school day as they are teaching.



School Lunches

Please don't forget that even though all school meals are fully funded, you must still order your child's meals directly from The Pantry. To avoid food wastage, they do not deliver extra meals to cover any shortfall, so booking a meal is vital to ensure your child receives a lunch.



Packed Lunches

Please don't forget that we are a **nut free** school. We have a significant number of children with life-threatening nut allergies, so we ask that everyone plays their part in keeping these children safe. This includes food containing nuts, e.g. nutella, etc.



We do not allow sweets or chocolate in children's lunch boxes. The Pantry, like all school meal caterers, are bound by strict rules surrounding nutrition standards and, in the interests of fairness for all children, we ask that if parents are providing their child with a lunch, that it is healthy and nutritionally balanced. For details of the food standards guidance for the UK, see page 5.

School Food Standards

Fruit & veg

1+ portions of veg &
1+ portion of fruit
each day



Milk & dairy

1 portion every day



Starchy food

1+ portion of
wholegrain starchy
food per wk



Meat, fish, eggs & beans

A portion from this
group every day



Foods high in fat, salt & sugar

Restrictions for certain foods.
Desserts, cakes & biscuits
allowed

No confectionary, chocolate or
chocolate coated products



Healthier drinks

Water as main drink but
also allow
lower fat milk & some
specific fruit & vegetable
drinks



REMEMBER



Key Information & Reminders



Scooters

Just a reminder that we ask all children to dismount their scooters before entering the playground at morning drop off and pick up times. This includes pre-school age children too and this is for the safety of everyone.



Drain Cover

The drain cover on the pavement directly outside the pedestrian gate entrance (near the staff car park) has been very slippery during this wet weather. We have placed a sign on the fence warning pedestrians and the site team have been in touch with the council and Infinity Water (who own the drain) about possibly changing the cover. They have confirmed they will be sending someone out within the next couple of weeks to assess the drain cover and there is a strong possibility that they will replace it with something less hazardous. Please be careful in the meantime.



Gathering on Pavement/at Gates

I appreciate that many of you have not seen each other for a while but please can I ask that parents refrain from gathering on the pavement directly outside the school entrances as well as at the gates? This makes already tight spots more congested and possibly dangerous for other parents with children to pass.

REMEMBER



Key Information & Dates



Autumn Term - 2025

Tuesday 2nd September - new school year starts - NO TRAINING DAY

Friday 19th September - Zactiv workshop for all pupils

Thursday 25th September - 5I class assembly at 9.15am - *parking on playground from 9.05 but not before for health and safety reasons*

Monday 6th October - Year 4 autumn presentation to parents at 9.15*

Tuesday 7th October - Year 4 autumn presentation to parents at 2.15*

* *Please note: no parking is available on site for either of these performances*

Tuesday 21st October - Parent Consultation Evening: 4pm - 7pm

Thursday 23rd October - 5F class assembly - parking on playground from 9.05 but not before for health and safety reasons

- Parent Consultation Evening: 4.30pm - 7.30pm

Half term - Monday 27th October - Friday 31st October

Monday 3rd November - children return to school - NO TRAINING DAY

Advanced Notice: Training Days - Autumn Term

Thursday 27th November

Friday 28th November



Curriculum Maps

These documents detail what each year group will be studying this term and will be sent out by each year group via Class Dojo on Monday for your information. Alongside this, teachers will send the vocabulary that will be taught as part of the topics this term so you can support your children at home if you wish to.



Amazing play every day for every child

OPAL UPDATE

Next week we will be introducing water play and unveiling our brand new mud kitchen!

Water play



Water Wall

Mud kitchen



4th September 2025



Dear Parent/Carer,
Across England, millions of children and families are beginning a new school year. As a father of two, I know well the pride and joy of watching your children grow up.

But I also understand how juggling parenthood, work and other responsibilities can sometimes be difficult especially when the cost-of-living is still tough, childcare is expensive, and your time is tight..

Supporting families is at the heart of our Plan for Change. Over the past year we have started to deliver the change promised – new help designed to make your life easier and give your children the best possible start.

We are making high quality childcare more affordable by introducing 30 hours of government-funded childcare during term time, from the end of parental leave to the start of primary school, saving an average working parent up to £7,500 per year – money that stays in your pocket for your family's needs.

We are making family life easier too, with hundreds of school-based nursery places opening this September, and thousands more to come. This means more families can access government-funded childcare and perhaps manage with just one school run in the morning. This comes alongside expanding wraparound childcare available to you outside of school hours, including a free Best Start Breakfast Club which we will be rolling out in every primary school.

We are proud to build on the legacy of Sure Start through our Best Start Family Hubs, a growing network of welcoming spaces. Families can access a wide range of support and services to make the journey of being a parent a little easier – from expert advice on feeding your baby to how to support your toddler's learning and development at home.

Of course, this is just the beginning. This government will keep building support for you and your family to help make parenting easier and ensure no child's background dictates what they go on to achieve. I know that this is also a priority for local MPs and councils, who can provide more information about what is available in your area. I encourage you to get in touch with them directly.

To find out more about the support available to you and your family, including free breakfast clubs, eligibility for childcare offers, Best Start Family Hubs in your area and support with your child's early health and learning, visit our new site that brings this all together in one place: www.BestStartinLife.gov.uk.

I also wanted to thank you, the parents and carers, and the grandparents, as well as the childminders, early educators, teachers and health workers, for all you do to give children the best start in life.

Nothing will stop me in my mission to back families like yours through our Plan for Change, to build a better future for you, for your children, and for Britain.

All best wishes,
Keir Starmer

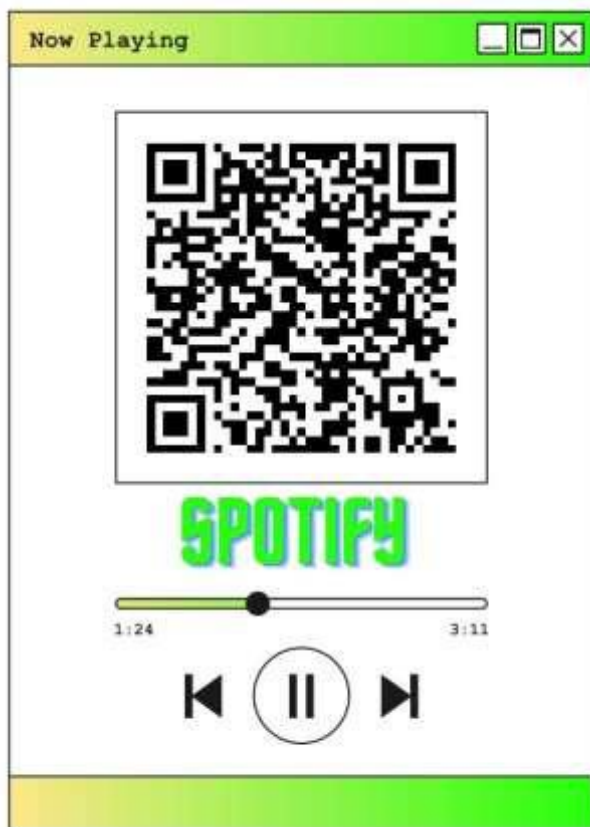
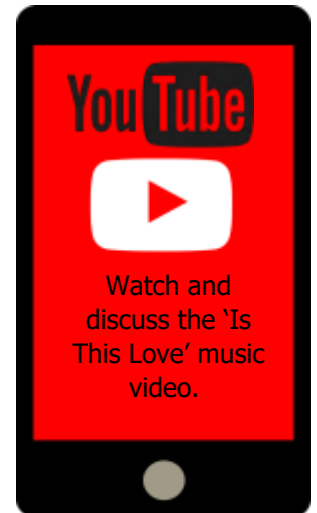


HOME INFORMATION



September's Musician of the Month

BOB MARLEY



About: Robert Nesta Marley was a Jamaican singer, musician, and songwriter. Considered one of the pioneers of reggae, Marley's contributions to music increased the visibility of Jamaican music worldwide, and made him a global figure in popular culture.

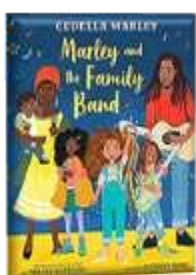
Genres: Reggae, Ska, Folk & Rocksteady

Active from: 1962 - 1980

Origin: Saint Ann Parish, Jamaica

Books to read...

If you like Bob Marley, try...



- The Specials
- Jimmy Cliff
- Sister Nancy

What's
on...

at Ickenham Library

September

Summer Reading Challenge

A huge well done to all of you who completed this year's challenge. Don't forget to complete your four visits by **Saturday 13 September** to be entered in the prize draw to win a Kindle Fire!



Roald Dahl Day Craft

Saturday 13 September 10.30am to 11.30am

Join us for a hands-on craft activity inspired by the gobblefunk words that only Dahl could dream up. From scrumdiddlyumptious to giganticus, we'll be making our very own wordy creations. Places must be booked in advance.



Story Stars

Thursdays 4pm to 4.45pm (term-time only)

Fire up your imagination by listening to an exciting story followed by a fun activity. For ages 5-7. Places must be booked in advance.



Saturdays 10am to 12pm

Lego Club

Build amazing creations with LEGO® bricks. For ages 5 to 11. No need to book, just drop in.



What's
on...

at Ickenham Library

September

Book Bunch – limited places available

Tuesdays (term time) 4pm to 5pm from Tue 16 September

For children aged 8 to 11 who love stories and want to explore exciting books together! Each week, we'll dive into fun adventures, meet amazing characters, and discover the secrets hidden in the pages. You'll learn how to think like a book detective - spotting clues, understanding big ideas, and sharing your thoughts with friends.

Email ickenham-library@hillingdon.gov.uk to register interest



Create & Connect

Adult artists we need you! Across all 16 of our libraries, giant community puzzles are taking shape. You will be given a puzzle piece to create a visual representation of your cultural heritage such as a town or village scene, landmark, food, flower or animal. Speak to a member of staff to book a space at one of our painting sessions in September.



Please note that children under the age of 11 must be accompanied by an adult when visiting the library. Adults must stay in branch while children are taking part in events or activities. Thank you.

We look forward to welcoming you all to Ickenham Library this term!

Scan the QR code to keep up to date and book for events



What Parents & Educators Need to Know about GROUP CHATS

WHAT ARE THE RISKS?

On messaging apps, social media and online games, group chats are one of the most popular ways that children connect. Group chats allow messages, images and videos to be shared in one place and help friendships flourish; however, they also come with a number of risks.

TEASING AND BULLYING

Children of all ages are keen to fit in socially, and group chats can sometimes complicate that process. While group chats can foster connection, they can also give way to mean comments or jokes at someone's expense, especially when others join in for laughs. When bullying happens publicly, in front of friends and classmates, it can intensify the emotional impact – adding to embarrassment, anxiety and feelings of isolation for the child being targeted.

UNKNOWN MEMBERS

Children often can't control who is added to a group, which can lead to privacy concerns. Sharing personal details in group chats can be dangerous, and children have no control over what others do with the material they send. Some members of the chat might even decide to use such information maliciously.

PEER PRESSURE

Children may feel they have to constantly stay engaged just to be included and keep up with the conversation. In some cases, they might partake in inappropriate behaviours – like sharing explicit photos, jokes or teasing – just to fit in. Group settings can also encourage children to act in ways they normally wouldn't, or stay silent when they know something is wrong, out of fear of being excluded. Some children may find it difficult to leave toxic group chats.

INAPPROPRIATE CONTENT

Some group chats may include inappropriate language or imagery. Even if a child isn't actively participating in the conversation, they may still be exposed to this content simply by being part of the group. Some apps have disappearing messaging features, where content is only available once or for a few seconds, which makes it harder for children to report something they've seen.

EXCLUSION AND ISOLATION

Exclusion in group chats is common and can take several forms. Sometimes a new group is created specifically to leave one child out on purpose. In other cases, the chat may happen on an app that a child doesn't have access to, making it impossible for them to join in. This can cause feelings of being left out – even unintentionally.

VIDEO AND LIVE CHATS

Many popular apps allow children to engage in live streaming with interactive chats or have group video chats. Anyone can be added to these streams, and often children tag peers in the comments and have conversations which are unmoderated. There's a risk of being exposed to inappropriate or violent content and offensive language, either in the group videos or via the group chats.

Advice for Parents & Educators

CONSIDER OTHERS' FEELINGS

Group chats can become an arena for children to compete for social status. Help children consider how people might feel if they behave unkindly. If a child does upset someone, encourage them to reach out, show empathy and apologise for their mistake.

SET SOME GROUP CHAT RULES

Discuss safe group chat practices, such as asking a peer for consent before adding them to a group chat, or leaving a group chat if a stranger is added. Tell children that if they're added to a group they didn't agree to beforehand, it's OK for them to leave immediately.

BLOCK, REPORT AND LEAVE

If a child encounters inappropriate content or feels uncomfortable in a group chat, encourage them to block and report the sender and leave the group. Make sure children know it's OK to leave a group chat if they feel uncomfortable or unsafe.

SUPPORT, NOT JUDGEMENT

Group chats are an excellent way for children to connect and feel like they belong. However, remind them that they can confide in you if they feel bullied or excluded. Instead of responding to the person who's upset them. Validate their feelings and empower them by discussing how they'd like to handle the situation. You can also encourage children to speak up if they witness others being bullied.

PRACTISE SAFE SHARING

It's vital for children to be aware of what they're sharing and who might potentially see it. Ensure they understand the importance of not revealing personal details – like their address, their school, or photos they wouldn't like to be seen widely. Remind them that once something is shared in a group, they can't be certain where it might end up or how it might be used.

SILENCE NOTIFICATIONS

Being bombarded with notifications from a group chat can be an irritating distraction – especially if it's happening late in the evening. Explain to children that they can still be part of a group chat while disabling notifications. In fact, it would be healthier for them to do so, helping them avoid the pressure to respond immediately.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware, who has developed anti-bullying and cyber-safety workshops and policies for schools in Australia and the UK. She has written various academic papers and carried out research for the Australian government, comparing the internet use and online behaviours of young people in the UK, USA and Australia.



The National College®

**COMING
SOON**

**Year group highlights
will return next week**



Wishing you all
a lovely
weekend.
Mrs Penney



GLEBE
WEEKLY
SCHOOL
NEWS