



# GLEBE

## GLEBE PARENT NEWSLETTER



I hope you have all had a good week.

### Penny's Poppies

Penny from 4V took it upon herself to use her love of crochet to do something special this term. She decided to make poppies in support of the Royal British Legion and has already raised over £40!

We have agreed she can sell them at our annual Poppy Shop after half term - more details on page 5.



### Attendance No. of sessions missed this week (SESSION = 0.5 DAY)

2F	0
1B	2
4JL	2
4V	2
6L	4
1M	5
3D	5
5K	5
RP	6
RW	6
4W	6
5I	8
3G	9
6M	10
2ME	11
1S	13
6K	15
5F	17
2G	18
RB	21
3S	27

### Whole School

# 105

sessions missed out of a possible 4632 (4 days)

FRIDAY 3RD OCTOBER 2025



# GOVERNOR NEWS

## Parent Governor Vacancy

### **Can you help shape the future of our school?**

We need parents of pupils registered at Glebe to make a difference in our school's community by volunteering to become a Parent Governor.

Your voice as a parent is very important to our school and it is vital that the Governing Body has good representation by our parents among its membership.

We are seeking parents who have a real willingness to help, who can listen carefully, read important documents, ask questions, attend training and be able to actively contribute at meetings.

If you can spare approximately ten hours a month then please consider nominating yourself for this interesting voluntary role.

Please contact Mrs Georgiou via email:

**[dgeorgiou@glebeprimary.org](mailto:dgeorgiou@glebeprimary.org)** to register your interest and she will send you more information about the role and expectations of a Governor.

We ask that you register your interest by **Friday 17<sup>th</sup> October.**

# PROUD PAGE

Jasmine - RW

Congratulations to Jasmine for completing the 'Story Garden Reading Challenge' during the summer holidays.

She won a special prize which was awarded by Mayor of Hillingdon, for her amazing efforts.



**Story  
Garden**

# REMEMBER



## Key Information & Reminders



### **Parent Parking Pledge**

Thank you to those who have already signed the Parent Parking Pledge. The local authority have been in touch to let me know they will be supplying the badges shortly.

For those who haven't yet done so, please consider completing it to keep the school run safe, respectful and considerate.

[Glebe Primary's Parent Parking Pledge](#)



### **Parent Parking**

I was sitting in my office on Tuesday quietly thrilled that we'd almost got through September without one complaint about parking. This was short lived as I received an email at 4.30pm on 30<sup>th</sup> September with photographs attached from a local resident. This parent has clearly not signed up to the pledge as they were parked completely across this resident's drive. It is clearly a driveway and just totally inconsiderate parking. I have encouraged the resident to contact parking enforcement with the details of the car.



# REMEMBER



## Key Information & Reminders



### Poppy Shop

I wouldn't normally advertise the Poppy Shop this far in advance, but as you will have seen on page 1, we have a special treat this year. Despite Penny being a prolific crocheter (she reckons she's making 6 a day at the moment!) numbers will be limited and will be sold on a first come, first served basis. The poppies will be sold for £1 each at our play time Poppy Shop during the week of Monday 3<sup>rd</sup> November to Friday 7<sup>th</sup> November (straight after half term). I suggest you get in quick but we will notify you if we are running low as the week progresses.

## Key Dates - before half term

### Autumn Term - 2025

Monday 6<sup>th</sup> October - Year 4 autumn presentation to parents at 9.15\*  
2ME trip to Florence Nightingale museum

Tuesday 7<sup>th</sup> October - Year 4 autumn presentation to parents at 2.15\*

Wednesday 8<sup>th</sup> October - Year 4 autumn presentation to parents at 6pm^

\* Please note: no parking is available on site for either of these performances

^ Parking restrictions in the surrounding roads do not apply after 5pm

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Monday 13<sup>th</sup> October - 2F trip to Florence Nightingale museum

Tuesday 14<sup>th</sup> October - **PANTS Parent Workshop: 8.40am - 9am in the school hall**

Year 6 trip to the Tower of London

Friday 17<sup>th</sup> October - Pre-loved uniform sale at 3.30 in the small hall

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Monday 20<sup>th</sup> October - 2G trip to Florence Nightingale museum

Tuesday 21<sup>st</sup> October - Parent Consultation Evening: 4pm - 7pm

Thursday 23<sup>rd</sup> October - 5F class assembly - parking on playground from 9.05 but not before for health and safety reasons

- Parent Consultation Evening: 4.30pm - 7.30pm

**Half term - Monday 27<sup>th</sup> October - Friday 31<sup>st</sup> October**

# REMEMBER



## Key Dates - after half term



### Autumn Term 2025

#### *Half term - Monday 27<sup>th</sup> October - Friday 31<sup>st</sup> October*

Monday 3 <sup>rd</sup> November -	Children return to school - NO TRAINING DAY
Monday 3 <sup>rd</sup> - Friday 7 <sup>th</sup> November -	Year 5 swimming (week 1 of 2) - Year 6 Bikeability
Tuesday 4 <sup>th</sup> - Friday 7 <sup>th</sup> November -	Scholastic Book Fair - timings to be shared nearer the time
Wednesday 5 <sup>th</sup> November -	Year 3 trip to the Science museum
Thursday 6 <sup>th</sup> November -	5K Class Assembly - parking on playground from 9.05 but not before for health and safety reasons
	Outdoor classroom day
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Monday 10 <sup>th</sup> - Friday 14 <sup>th</sup> November -	Year 5 swimming (week 2 of 2)
Wednesday 12 <sup>th</sup> November -	Cultural Evening - 4pm - 6pm
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Monday 17 <sup>th</sup> November -	Year 4 trip to a Gurdwara
Wednesday 18 <sup>th</sup> November -	2ME & 4JL trip to the cinema (best attendance award)
Thursday 20 <sup>th</sup> November -	Open morning for prospective Nursery and Reception pupils
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Wednesday 26 <sup>th</sup> November -	Open morning for prospective Nursery and Reception pupils
Thursday 27 <sup>th</sup> November -	Training Day
Friday 28 <sup>th</sup> November -	Training Day
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Wednesday 3 <sup>rd</sup> - Friday 5 <sup>th</sup> December -	Nursery and Year 2 Christmas plays - times tbc



This week's winners are

Well done to both classes

# 2ME 4W



## Talk Pants Week

### 13<sup>th</sup> - 19<sup>th</sup> October 2025

Talk PANTS week is an initiative aimed at empowering children to understand their rights to safety and to recognise the potential risks of sexual abuse. Talk PANTS aims to teach children how they can speak up if anything doesn't feel right. Talk PANTS is aimed at parents of children between ages 3-11, giving adults advice on how to talk to children in an age-appropriate way about sexual abuse, without using any scary words or even mentioning sex. We know that simple conversations can make a big difference, and that's what the Talk PANTS campaign is all about.

#### Want to learn more?

Join our free Talk PANTS Champion Training Webinar to build your confidence in sharing the Talk PANTS message with colleagues, parents, carers and children. The session will show you how to access resources, get support, and use Talk PANTS effectively.

With Talk PANTS Week taking place from **13<sup>th</sup> -19<sup>th</sup> October 2025**, it is important that all practitioners have a strong understanding of the Talk PANTS message to promote awareness and keep children safe.

#### Training Dates

Talk PANTS Champion Training  
**30<sup>th</sup> September 2025**  
**12:00-13:00pm**  
online

click [here](#) to book



Talk PANTS Champion Training  
**2<sup>nd</sup> October 2025**  
**12:00-13:00pm**  
online

click [here](#) to book



## What is the Talk PANTS message?

**P** RIVATES  
ARE PRIVATE

**A** LWAYS REMEMBER YOUR  
BODY BELONGS TO YOU

**N** O MEANS NO

**T** ALK ABOUT SECRETS  
THAT UPSET YOU

**S** PEAK UP, SOMEONE  
CAN HELP



Each letter of PANTS provides a simple but valuable message to share with children, helping them to understand that their body belongs to them and that they have a right to say no.

Talk PANTS also encourage children to tell an adult who they trust if anything happens that makes them worried or upset. Children should understand that if anything happens that makes them feel that way, it is never their fault, even if the person who has made them feel worried has told them it is their fault. Children are never to blame.



Watch how schools can share the Talk PANTS message with children

## Start Spreading the message with Pantosaurus?

Pantosaurus is a friendly pant-wearing dinosaur, who teaches parents and children about how to help stay safe in a fun way. Pantosaurus support materials deliver our Talk PANTS messages, and have been developed in consultation with children, parents, carers, and teachers.



Click on the icon above to access the catchy [PANTS song](#) for children



Click on the icon to the left to access a free PDF version of the Talk Pants Book.

# Anger management in children: how parents can help

Why is my child angry? Advice for coping with anger issues in children and young people from our team of experts.

# NSPCC

EVERY CHILDHOOD IS  
WORTH FIGHTING FOR

## Dealing with anger in 5 - 11 years olds

### **How to teach children to express anger?**

Be a role model with how you express your anger. This can include modelling how you respond to frustrations. For example, if something has sold out in the supermarket, voice your frustration, talk about how you're going to manage, show how you problem solve a negative situation. You might also try something like telling a child what you are going to do to feel better after getting stuck in a traffic jam. This is showing children, through observation, that it is okay to feel angry, and to start thinking about how to move through it.

If you do lose control and express anger in a less healthy way in front of your child, you can apologise and reflect on it in an age-appropriate way when you've calmed down. You can also point out when characters in books and TV shows handle anger particularly well or badly or use it as a jumping off point for conversations later.

Consider what helps you express your anger. It might be screaming into a pillow or doing deep breathing exercises. Both of these are healthy ways to release anger as they don't hurt anybody. You can tell you child about how you cope with feelings of anger.

### **When your child is calm and receptive, drawing an anger firework together can help:**

- On a sheet of paper, support your child to draw a firework.
- Include a fuse.
- Describe how anger can build up and burn up the fuse.
- Explain that if the anger is not dealt with it can cause an explosion.
- Encourage them to draw or write down the triggers that light their fuse and frustrate them.
- They can also think about what things calm them down. What's the water that can cool their lit fuse?
- You could create a time out word and action plan together for when they're feeling overwhelmed.
- That way, when a child feels like their fuse is being lit, they know there's something to say and steps they can take.

### **How to de-escalate an angry child?**

It's important to listen rather than try to fix things. Try not to overstimulate them by asking too many questions. Help them regulate their emotions and thoughts. That might mean giving them space or redirecting them to hit a cushion rather than something that will hurt them or be damaged. De-escalating is about setting up tools to use before a situation arises. That might be:

- agreeing a time out word.
- teaching a breathing technique.
- spotting your child becoming angry and distracting them.
- having a weighted blanket they can lie under to feel relaxed and secure.

Do not threaten your child that you will tell their teacher, Social Worker or anyone else as this can result in not trusting adults when they need help.

It's important children can speak out when they need help.

# NOVEMBER 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## THEME DAYS

**THEME DAYS** — Bonfire Night

**AT THE PANTRY** — Wednesday November 5<sup>th</sup>



**HOT DOG OR VEGAN HOT DOG**

with  
CHIPS & SWEETCORN  
and For dessert  
TOFFEE APPLE PIE



# DATES FOR YOUR DIARIES:

*Theme Day - Bonfire Night*  
**Wednesday November 5<sup>th</sup>**

*Salad of the Month - Roasted Root Vegetable*  
**Tuesday November 4<sup>th</sup>**

*Staff Engagement - Christmas Card Writing, Giveaway, and Lunch*  
**Thursday November 20<sup>th</sup>**

*Staff Engagement - Chef of the Year Final*  
**Friday November 21<sup>st</sup>**

*Podcast - Nadim Laperouse, Natasha's Allergy Research Foundation*  
**TBA November**

## SALAD OF THE MONTH



**November's Super Salad!**

**ROASTED ROOT VEGETABLE**

## EXTRA ENGAGEMENT

**THE PANTRY PRIZE!**



ORDER A MEAL EVERY SCHOOL DAY FROM SEPTEMBER 15<sup>TH</sup> TO NOVEMBER 28<sup>TH</sup> AND YOU COULD WIN A LUXURY CHRISTMAS HAMPER!





# DECEMBER 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

## DATES FOR YOUR DIARIES:

*Theme Day - Christmas Lunch*

*Across the month of December on your chosen day*

*Salad of the Month - Vegan Brussel Sprout 'slaw*

*Tuesday December 2<sup>nd</sup>*

*Staff Engagement - Pantry Awards Night*

*Friday December 5<sup>th</sup>*

*Staff Engagement - Win It Wednesday*

*TBA*

*Podcast - Jayne Jones, Chair of Public Sector Catering*

*TBA December*



**THEME DAYS**

**SALAD OF THE MONTH**

**THEME DAYS** — Christmas Lunch

**AT THE PANTRY** — on your School's designated day

**ROAST TURKEY OR BEETROOT & SQUASH WELLINGTON**  
with  
ROAST POTATOES, YORKSHIRE PUDDING, CARROTS AND SEASONAL VEGETABLES  
and for dessert  
**GINGERBREAD COOKIE**

**December's Super Salad!**

**VEGAN BRUSSEL SPROUT 'SLAW**

# ZACTIV

**ANYTHING IS POSSIBLE**

*Thank you for joining the Zactiv movement. I hope you found the Workshop enjoyable and that you share the valuable lessons we learned with your friends and family.*

*You and your family are now part of the exclusive*

**ZACTIV**  
COMMUNITY

*Kindly ask your parent or guardian to scan the QR code provided below so you and your family can be part of the Zactiv Community Facebook group. To gain access, please use the code ZACTIV.*

*Join the exclusive*  
**ZACTIV**  
COMMUNITY





# DESIGN YOUR DREAM BIKE! ART COMPETITION

☀️ **Let your imagination ride free!**  
From wings, rockets, fairy dust, rainbow wheels  
Anything goes!

## HOW TO ENTER:

**Draw Your Dream Bike!**

**Use pencils, pens, paint, or crayons.**

**No digital art or models.**

**Open to all pupils in years 1-9**

📷 **Snap a photo or scan your drawing.**

✉️ **Email to: [stars@hillington.gov.uk](mailto:stars@hillington.gov.uk)**

**Subject: Dream Bike Comp**

**Include: Your name, age, and school.**



**Deadline for entries!**

**OCTOBER 24<sup>TH</sup>**

## WHY TAKE PART?

This competition is part of October Walk to School Month and Cycle to School Week – Helping children to travel actively, stay healthy, and be creative!

## PRIZES

🎨 **Top 3 Winning designs turned into framed artwork**

🕒 **Fitness tracker watches!**

🎉 **Everybody receives a Certificate for Creativity!**

## QUESTIONS?

Contact the STARS team at: [stars@hillington.gov.uk](mailto:stars@hillington.gov.uk)



**Dream it. Draw it. Ride it!**

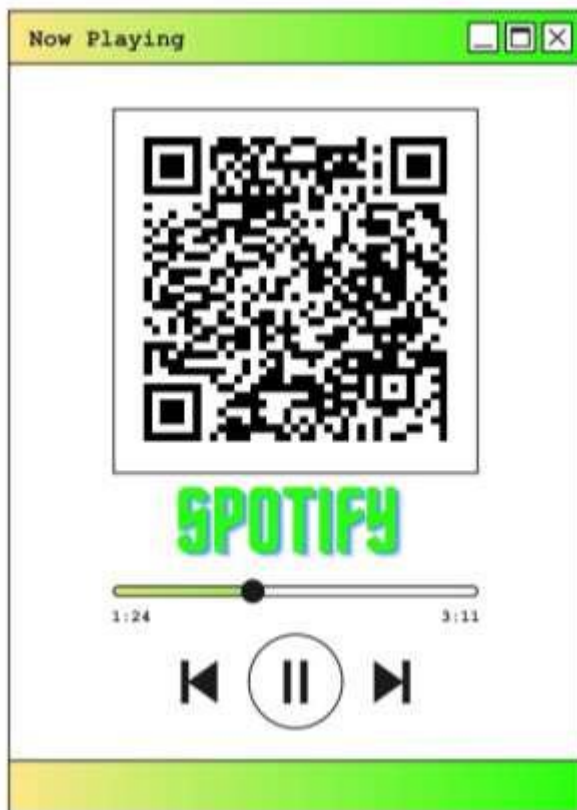
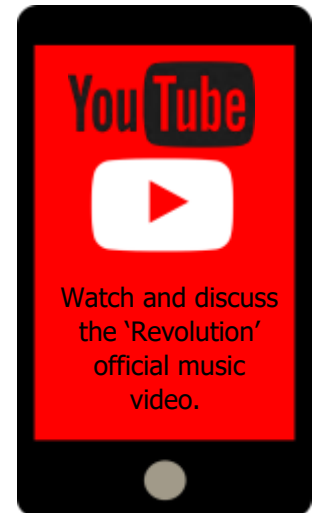


# HOME INFORMATION



## October's Musician of the Month

Tracy Chapman



**About:** Tracy Chapman (born in Cleveland, U.S.A. on March 30, 1964) is an American singer-songwriter. Chapman is best known for her hit singles "Fast Car" and "Give Me One Reason". She is politically and socially active and is very passionate about supporting human rights. She has also been involved with Cleveland's elementary schools, producing an educational music video, highlighting achievements in African-American history.

**Genres:** Folk, Blues, Rock, Pop & Soul

**Active from:** 1986 - Present

**Origin:** Cleveland, U.S.A.

Books to read...

If you like Tracy Chapman, try...



- Natalie Merchant
- Eva Cassidy
- Bob Dylan

# U5 - U11 GIRLS

## Reception to Year 6



 It is time to Kick Off with Ickenham Youth FC! ★★ ★

Join Ickenham Youth, a proud FA 3-Star Accredited Club, where fun, friendship, and football come together in a safe and supportive environment.

- ★ Development to League Football
- ★ Beginner to experienced - all are welcome

- ★ FA-qualified coaches
- ★ Focus on fun, teamwork & confidence

Register now and let your child's football journey begin the right way!

 Training / Playing Saturday morning in UB10

Let the love of the game start here!

Register now for a **FREE SESSION** -  
[girls@ickenhamyouthfc.com](mailto:girls@ickenhamyouthfc.com)

# NURSERY



*This week in Nursery:  
Houses and homes, the number 3 and triangles*



PIC • COLLAGE

# HIGHLIGHTS

# RECEPTION



Initial letter work



Play dough bear



We learnt about the number 4.



We have done lots of activities related to the story We're going on a bear hunt.



We learnt about people who help us in our community and our local area.



Handwriting practice

PIC•COLLAGE

# HIGHLIGHTS

# YEAR 1



Year 1 crisp tasting in Science.

Year 1 computing lesson

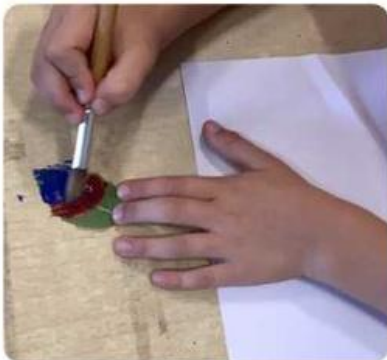
Year 1 fruit portraits inspired by Arcimboldo.

# HIGHLIGHTS

# YEAR 2



Year 2 printed leaves and painted a variety of flowers.



PIC•COLLAGE

# HIGHLIGHTS

# YEAR 3



Year 3 brought the fable **The Hare and the Tortoise** to life by acting it out and hot-seating as the character.



# HIGHLIGHTS

# YEAR 4



# HIGHLIGHTS

# YEAR 5



Year 5 have been thinking about what makes a good team in PSHE. They practiced this by competing in a tower building competition!



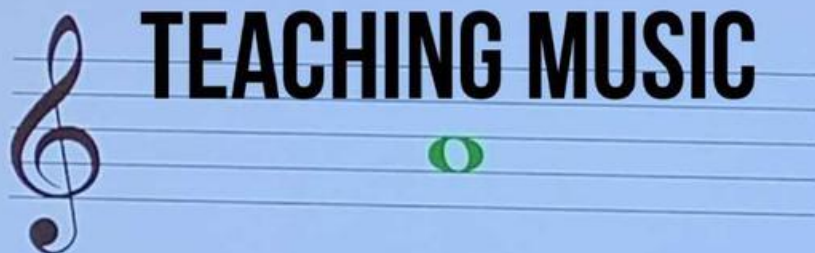
PIC • COLLAGE

# HIGHLIGHTS

# YEAR 6



**MR CULLUM FROM VYNNERS**



PIC•COLLAGE

# HIGHLIGHTS

Wishing you all a lovely  
weekend.

Mrs Penney

BACK BY POPULAR DEMAND

Mystery Guest

Clue 1: I am a space scientist and science educator - there is even a Barbie doll of me!

Clue 2: You may have seen me talking about space and science on TV.

Clue 3: I am dyslexic but this did not stop me from getting a PhD.

Clue 4: I was the first black woman to win a gold medal from the Institute of Physics for my work in getting the public excited about science.



GLEBE  
WEEKLY  
SCHOOL  
NEWS