



GLEBE

GLEBE PARENT NEWSLETTER



I hope you have all had a good week.

I hope you all had a lovely half term break. It was lovely to welcome the children back to school on Monday.

We've hit the ground running in what is going to be a very busy term. Year 6 bikeability sessions have been running all week and the year 5 children have completed their first week of their extensive 2-week swimming lessons. We've had a school trip, a class assembly, the Scholastic Book Fair, two discos and our show racism the red card day today.

Mystery Guest

The mystery guest from before half term was....

Andy Day! Well done to everyone who guessed correctly.



Attendance No. of sessions missed this week (SESSION = 0.5 DAY)

RB	0
2F	1
4W	1
4V	2
5F	2
6M	2
4JL	3
3D	4
1S	6
3G	6
3S	7
5I	7
RW	8
6L	8
2G	9
1M	17
2ME	17
6K	17
RP	18
5K	21
1B	32

Whole School

188

sessions missed out of a possible 5798

FRIDAY 7TH NOVEMBER 2025

PROUD PAGE

Rishaan - Year 3

After previously qualifying, Rishaan played in the Terafinal in Under 8 at Blenheim Palace along with 11 other qualifiers from the country over the weekend with games shown online in real time with live boards.

It was extremely competitive as all the players were highly skilled and rated, Rishaan finished 9th out of 12.

According to Rishaan's parents, he played some really amazing games getting draws against some highly rated players, some of his games turned in to draws from a winning position or losses from a drawing position in the tight end games.

“It has been his biggest and most competitive tournament so far and the experience has motivated him to work hard and become a better player.”

Rishaan also participated last month in the yearly tournament at his Tennis Club - Wayfarers in Ickenham where he was competing in Under 8 and Under 9 category. He won all 8 of his games including both the finals.

Well done, Rishaan, we are all very proud of you.





HIGHLIGHTS

Year 3 Trip to the Science Museum

On Wednesday, Year 3 visited the Science Museum and had a fantastic time. One of the many highlights of the day was the Wonder Show, where the demonstrator wowed everyone with a series of spectacular experiments – including one where fire danced to the beat of music! Our very own Esraa was then invited on stage to demonstrate how removing the air from the middle of a hollow sphere makes it nearly impossible to pull the two halves apart.

In the Wonder Lab, the children explored hands-on science through a range of exciting activities: testing friction on slides with different surfaces, using infrared cameras to detect body heat, experimenting with pulleys to explore gravity and much more. Our children were completely engrossed in this section of the museum and it was a pleasure to see them all enjoying the experience.

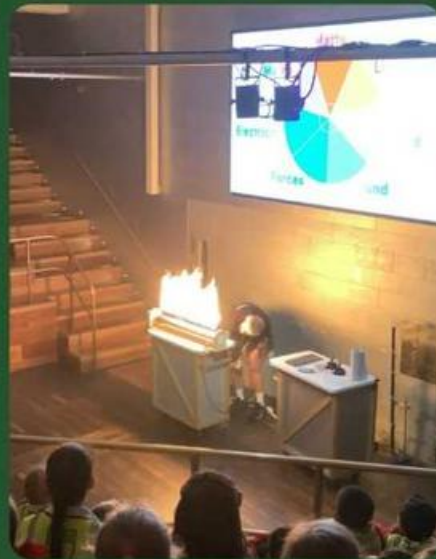
The pupils were fantastic ambassadors for our school, despite the fact that there were other schools and members of the public at the museum. They demonstrated infectious enthusiasm and impeccable behaviour throughout the day - even drawing positive comments from members of the public on the (very crowded!) train. This enabled the day to run smoothly and ensured maximum enjoyment for all involved.

A huge thank you, as always, to the members of staff and parents who gave their time to accompany us on the trip. These trips cannot go ahead without your help and we are very grateful for your assistance.

Miss Gilbert

HIGHLIGHTS

Year 3 Trip to the Science Museum





HIGHLIGHTS

5K Class Assembly

A huge well done to 5K for putting on such a great class assembly yesterday.

The children were exceptional, especially given the fact they had very limited rehearsal time due to half term last week and daily swimming lessons throughout this week. However, they appear to work well under pressure as you would never have known.

The assembly focused predominantly on the science aspect of their topic on the rainforests and they talked with confidence and very knowledgeably about the life cycles of various species found in the rainforests. I was particularly impressed with the level of scientific vocabulary they were using.

A big thank you to Mrs Khan, Mrs McLevey, Mrs Longhurst and Miss Baker for putting such a brilliant assembly together.

HIGHLIGHTS

Outdoor Learning Day

This week, we enjoyed a fantastic Outdoor Learning Day, where the children took their lessons beyond the classroom walls! It was wonderful to see everyone so engaged and enthusiastic as they explored nature on our lovely school grounds, worked together in teams and learned through hands-on activities. The day was filled with curiosity and smiles. It was lovely to see the children enjoying the fresh air, building confidence and developing a deeper appreciation for the natural world around them.



HIGHLIGHTS



Spooky Sparkle Disco



A huge thank you to the core FOG committee and everyone who took the time to volunteer their time last night over the two discos.

The children looked fantastic and judging by the noise during - and the smiles at the end of - the two sessions, I know a good time was had by all.

I just wanted to personally take the opportunity to thank Donna, Danielle, Maria and Jo - the core committee - who volunteer their time (they are not paid) to ensure we can raise valuable funds to enhance your children's experience at school. Without them giving their time freely (and juggling family and work life) we would not be in a position to hold fun events or, in turn, be able to have so successfully implemented our OPAL programme with the funds they have raised, amongst other things.

They are busy planning a series of events for pupils and for adults for the coming year to continue to raise funds. If you can give up time to physically help at these events or support by coming to the events and spending your money, please let them know once the events are released.



HIGHLIGHTS

Visit from Danny Beales MP

Thank you to everyone who got into the spirit of our wear red for racism day today.

The children completed activities in their class and created pledges that they shared in a special assembly at the end of the day - these are on page 9 of this newsletter.

We were so proud to welcome Danny Beales MP who came to visit our assembly to see the promises we made to ensure everyone in our school is valued and supported. He was so impressed with the pledges the children had come up with and spoke to the KS2 children about the importance of respecting and celebrating our differences.

A particular thank you to Miss Monique and Mrs Grant for leading the assemblies and to our Head Girl, Annie, our Head Boy, Harry and our School Council representatives who shared their classes' pledges in the assemblies.



HIGHLIGHTS

Our Pledges

Year 1 - I will listen, learn, and ask questions so I can understand others better.

Year 2 - I promise to treat everyone with kindness and respect. I will stand up for what's right and speak out if I see someone being treated unfairly.

Year 3 - I know that people come in many colours, cultures, and backgrounds – and that makes our world beautiful.

Year 4 - I promise to use my words to help, not hurt. I will think before I talk or type. My words can make someone's day brighter –so I will choose kind words every day! 🌟

Year 5 - I will never make negative comments about a person's appearances - our differences are what makes us great.

Year 6 - I will use my words and actions to spread kindness, fairness, friendship and love – every single day.

EYFS (finger prints) 🖐️ I promise to be a helper, an ally and a friend to all.

We are each unique and beautiful but together we are a masterpiece.

REMEMBER



Key Information & Reminders



Poppy Shop

Thank you to everyone who supported the poppy shop this week. Penny's crochet poppies were a huge hit and we have now **sold out** of the crochet poppies. Penny had crocheted a staggering 250 poppies, raising an incredible £250 for the Royal British Legion. We think she has done her bit for this year so we've supported her in her decision to put her crochet hook down (until next year, perhaps).



Cultural Evening

Please don't forget to come and experience other cultures next Wednesday from 4pm to 6pm in the school hall. It's free to attend and a lovely opportunity to share and celebrate the diversity of cultures within our school community.

Welcome
SCHOOL

Open Mornings

If you, or someone you know, has a child due to start Nursery or Reception in September 2026, we will be holding two opening mornings in the coming weeks. Both are almost at capacity, with the cut off being next week. The first session is Thursday 20th November from 9.30am - 11am and the second session on Wednesday 26th November at the same time.



REMEMBER



Autumn Term - 2025

Monday 10th - Friday 14th November - Year 5 swimming (week 2 of 2)

Wednesday 12th November - Cultural Evening - 4pm - 6pm

Monday 17th November - Year 4 trip to a Gurdwara

Wednesday 18th November - 2ME & 4JL trip to the cinema (best attendance award)

Thursday 20th November - Open morning for prospective Nursery and Reception pupils

Wednesday 26th November - Open morning for prospective Nursery and Reception pupils

Thursday 27th November - Training Day - school closed to all pupils

Friday 28th November - Training Day - school closed to all pupils

Wednesday 3rd December - Nursery Christmas performance - 10am

Year 2 Nativity performance - 2.15pm

Thursday 4th December - Year 2 Nativity performance - 10am

Nursery Christmas performance - 2.15pm

Friday 5th December - Nursery Christmas performance - 10am

Year 2 Nativity performance - 2.15pm

Please note: there is no parking available on the school site for any of these performances.

Tuesday 9th December - St. Giles Church Visits

Christmas Lunch

EYFS Christmas parties - pm

Wednesday 10th December - Christmas Fayre (children & staff only)

Christmas Jumper Day

Thursday 11th December - Year 1 Christmas party - pm

Friday 12th December - Year 5 Christmas party - pm

REMEMBER



Key Dates



Christmas Events Dates and Times

Monday 15th December

Year 2 Christmas party - pm

Tuesday 16th December

Year 3 Christmas party - pm

Wednesday 17th December

Year 4 Christmas party - pm

Thursday 18th December

Year 6 Christmas party - pm

Friday 19th December

Non-uniform day for House Point winning House

Term ends 1 hour earlier (2.20/2.30)



This week's winners are

Well done to both classes

RP 51

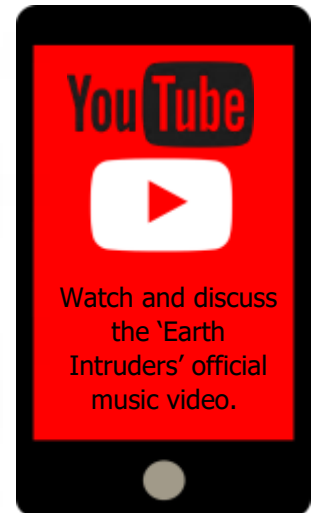


HOME INFORMATION



November's Musician of the Month

BJÖRK



About: Guðmundsdóttir (born 21 November 1965) is an Icelandic singer, songwriter, composer, record producer, and actress. Noted for her distinct three-octave vocal range, fashion status and eccentric persona, she has developed an eclectic musical style over her four-decade career that has drawn on a range of genres.

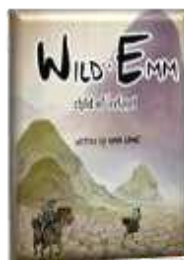
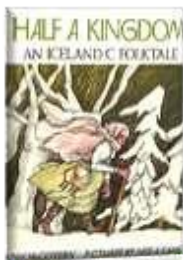
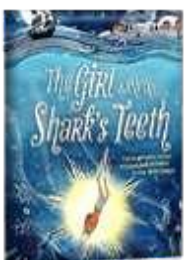
Genres: Electronic, Pop and Experimental

Active from: 1975 - Present

Origin: Reykjavik, Iceland

Books to read...

If you like Björk, try...



- Florence and the Machine
- Wednesday Campanella
- Bat For Lashes

FLU IMMUNISATION FOR PUPILS IN SCHOOL YEARS RECEPTION - YEAR 11

Prevent your child from being seriously ill this winter!
Vaccinating is crucial in protecting them and vulnerable friends and family from flu.

NASAL VACCINE



Noneedles - just quick, painless, effective flu protection
(contains gelatine)

OR

THE INJECTION





We offer a **PORK-FREE, GELATINE-FREE** injection considered a faith-friendly alternative.

Complete this form, even if you do not want the vaccine.

<https://nwl.schoolvaccination.uk/flu/2025/hillingdon>

Secondary School students only: Young people under the age of 16 can give or refuse consent themselves if considered competent to do so by nursing staff.

CONTACT THE TEAM

 hillington@v-uk.co.uk
 0208 150 1220

Need more information?
Please see our FAQs sheet attached with this letter.

Or visit our website:



We endeavour to come to your child's school twice. If your child is absent or unable to be vaccinated at school, they can still receive this important vaccine by attending one of our community clinics for the vaccine.

Details of these can be found on our website or you can contact the team above.

Your consent will remain in place for the entire flu season. If your child misses a first visit, you do not need to complete a second form.

LEARN MORE 

<https://www.schoolvaccination.uk/flu>
www.youtube.com/@vaccinationuk

PRIVACY POLICY

Our 2024/25 policy can be viewed here: www.schoolvaccination.uk/privacy-policy
For data protection queries, please contact: dpo@vaccinationuk.co.uk



FREQUENTLY ASKED QUESTIONS

Q WHY ARE CHILDREN BEING OFFERED THE FLU VACCINE?

Flu can make children feel very unwell and can sometimes lead to serious complications like pneumonia or ear infections. Some may even need hospital treatment. It's especially important for children with long-term conditions like asthma or diabetes, as flu can be more dangerous for them.

Q HOW DOES THE FLU VACCINE FOR CHILDREN WORK?

The nasal spray contains weakened flu viruses that help your child build protection without causing illness. Because flu strains change each year, the vaccine needs to be given annually. Most children only need one dose.

Q IS THE FLU VACCINE SAFE FOR CHILDREN?

Yes, it has a very good safety record and has been used for over 10 years in countries like the US without any major concerns. All vaccines available in United Kingdom must pass strict safety testing before being approved for use. The Medicines and Healthcare Products Regulatory Agency (MHRA) only approve vaccines that have gone through rigorous safety testing measures. The regulators continually monitor them all the time.

Q SHOULD ANYONE NOT HAVE THE VACCINE?

Let us know if your child:

- Has a severe allergy to eggs, gelatine, or certain antibiotics
- Has recently had severe asthma symptoms or is wheezy on the day
- Has a seriously weakened immune system

Also, after vaccination, children should avoid close contact with people who have very weak immune systems for about two weeks—everyone else is fine to be around.

Q ARE THERE ANY SIDE EFFECTS?

Side effects from the nasal spray are usually mild and short-lived. These may include a runny or blocked nose, headache, reduced appetite, or a slight temperature. Paracetamol or ibuprofen can help if needed.

Q WE DO NOT EAT PORK PRODUCTS. CAN MY CHILD HAVE A DIFFERENT FLU VACCINE?

Yes. There is an injectable flu vaccine is available that contains no pork (porcine gelatine).

While the nasal spray is generally more effective and painless, we respect your preferences. Just complete the consent form for the injection—no need to fill out both.

CONSENT INFORMATION

The consent form needs to be signed by a person with parental responsibility which includes:

- Mother: automatic
- Father: if married to the mother either when baby is born or marries subsequently
- Unmarried father: if name appears on birth certificate (since 1/12/03) or legally acquired
- Others: if parental responsibility is legally acquired
- Parental Responsibility Agreement: signed, properly witnessed and sent for registration to Principle Registry or the Family Division (High Court)
- Residence Order: granted by the Court

Please note that young people under the age of 16 can give or refuse consent if considered competent to do so by nursing staff.

Q NATURAL IMMUNITY

While natural immunity from the flu can occur, it's not generally considered better than immunity. Natural infection carries the risk of severe illness and complications, whereas the flu vaccine offers protection with significantly less risk. Natural immunity can be long-lasting against specific strains, but we know that the flu virus changes (mutates) overtime so natural immunity to one strain might not protect against a different strain that emerges later. Vaccines are a safer and more reliable way to protect against a wider range of flu viruses.

Flu vaccines are updated for each winter to give protection against the strains of flu that are most likely to be going around. For this reason, we strongly recommend that even if your child was vaccinated last year, they should be vaccinated again this year.

Q MY CHILD NEEDS A DIFFERENT VACCINE

If your child needs another vaccine you can speak to our team or attend one of our community clinics, all information can be found on our website: www.schoolvaccination.uk/catch-up-clinics

Q I HAVE MORE QUESTIONS

We run Q&A webinars which address frequently asked questions and gives parents an opportunity to ask their questions. You can find information and how to join on our website.



What Parents & Educators Need to Know about POKÉMON TCG POCKET



WHAT ARE THE RISKS?

Pokémon TCG Pocket is a mobile version of the hugely popular Pokémon Trading Card Game, downloaded over 100 million times on Android and iOS. Players collect cards, battle others online, and open packs of cards – known as booster packs – to expand their decks. While the core game can be fun and helps develop tactical and numeracy skills, its design encourages spending and can feed addictive behaviours – making it important for adults to understand the risks.

ADDICTIVE PACK OPENING



Booster packs rely on probability to provide rare or powerful cards. The excitement of opening them – and the dopamine rush when finding a sought-after card – can become addictive. Unlike purely cosmetic loot boxes, the cards here are integral to competitive gameplay, adding extra pressure for serious gamers to collect more.

QUICK BUT ABSORBING



Card battles last around five to six minutes, making it easy to fit in “just one more game”. This quick format, combined with the drive to win, can lead to prolonged play sessions and increased screen time without noticing. With limited-time Ranked Match seasons constantly being refreshed – an opportunity to accumulate points and earn profile emblems – players may find themselves drawn into this game mechanic repeatedly.

PREMIUM PASS PRESSURE



A monthly subscription gives players access to exclusive missions, rewards, and an extra daily booster pack. Missions and rewards are replaced each month, providing an incentive to stay subscribed. While some premium rewards are exclusive, others are available through free play – making the pass more about faster progression and obtaining cosmetic items than true necessity.

ENDLESS PACK LOOPS



New themed sets of cards are released each month, ranging from around 85 to over 370 cards per expansion. This constant cycle encourages players to keep opening packs in an effort to complete collections or improve their battle decks, potentially promoting unhealthy spending habits. With the introduction of limited-time booster packs, some players may feel increased pressure to collect these cards while they're still available.

COST OF BOOSTER PACKS



Although free to play, with set rewards and two free booster packs given daily, players can exchange Poké Gold if they wish to open more, and a small amount of Poké Gold is rewarded for free as the player levels up. Poké Gold is also sold in bundles that are often just short of what players need to open extra packs, encouraging them to buy additional bundles.

COMPETITIVE ONLINE PLAY



Interactions in Pokémon TCG Pocket are relatively safe – there's no messaging between players, friend requests require player approval, no real names are used, and card trading is restricted to fair trades between friends. On the other hand, the competitive nature of online play can still cause frustration, over-investment, and isolation if children spend too much time focused on the game.

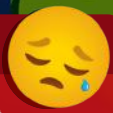
Advice for Parents & Educators

MONITOR SPENDING HABITS



Set clear boundaries around in-game purchases. Treat Poké Gold as an occasional rather than routine reward, helping children develop healthier attitudes towards digital spend.

SET REALISTIC EXPECTATIONS



Talk about the unpredictable nature of booster packs and prepare children for disappointment when duplicates appear or rare cards don't surface. Understanding probability can help minimise disappointment – use the game's built-in offering rates guides to find out more about it.

PLAY TOGETHER



Card battles can help children learn tactics, problem-solving, and rule-following, as well as numeracy skills. Playing alongside them is a great way to share in their enjoyment, while also modelling balanced play and keeping an eye on how much they're investing in the game.

TEACH FAIRNESS



Losing a battle can be discouraging, especially when money has been spent on collecting the cards to build a deck. Support children in recognising the importance of fairness, learning from both wins and losses, and making considered choices when trading cards.

Meet Our Expert

Dan Lipscombe is a videogame journalist and children's book author with over 15 years of experience. Specialising in technology and gaming, he has written extensively on how digital platforms affect young people and has been playing games for more than three decades.



Parent/Carer Programmes in Hillingdon

All courses are free and led by qualified and trained practitioners.



Your Bump and Beyond (YBB)

Overview

For parents to be, after your first scan.

Get ready for parenthood with friendly workshops led by a midwife and the Family Hub team—covering labour, baby care, safer sleep, and more.

Detail

In person.

2-hour workshops, over 4 sessions.

How to book

Call 01895 279 442 or visit: thh.nhs.uk/antenatal-classes



The Nurturing Programme

Overview

For parents/carers of children aged 0 to 8 years.

Learn practical tips for managing behaviour, using praise, enjoying quality time, and boosting your child's self-esteem.

Detail

In person (with crèche) or online

Weekly 2-hour sessions over 10 weeks.

How to book

Contact your local Family Hub or Children's Centre www.hillingdon.gov.uk/family-hubs



Exploring Parenting Together

Overview

For parents/carers of children aged 0 to 8 years.

Gain tips on behaviour, praise, quality time & self-esteem, through interactive sessions.

Detail

Online

Weekly 90-minute sessions over 5 weeks

How to book

Contact your local Family Hub or Children's Centre www.hillingdon.gov.uk/family-hubs



Triple P Group

Overview

For parents/carers of children aged 5 to 11 years.

Discover simple, positive parenting strategies to support your child's behaviour, build good habits, and grow your confidence.

Detail

In person and online.

Weekly 2-hour sessions over 6 weeks.

How to book

Contact: Annmarie at Family Lives on 07949 890749 or email annmarief@familylives.org.uk



Triple P for Teens

Overview

For parents/carers of children aged 12 to 16 years.

Build strong relationships with your teen while learning to encourage positive behaviour, manage challenges, and offer support through tricky situations.

Detail

In person and online.

Weekly 2-hour sessions over 6 weeks.

How to book

Contact: Annmarie at Family Lives on 07949 890 749 or email annmarief@familylives.org.uk



Parenting Apart Programme (PAP)

Overview

Support for parents navigating conflict, separation, or divorce.

This programme supports parents to create an agreement that is focused on the child(ren)'s emotional wellbeing. Both parents must agree to join the programme.

Detail

In person and online options available.
4-week programme.

How to book

Visit: www.hillingdon.gov.uk/stronger-families
or call 01895 556006.



Triple P Stepping Stones

Overview

For parents/carers of children aged 5-11 who are neurodivergent. Learn simple strategies to support your child's development, set meaningful goals, and boost their independence — while growing your confidence as a parent.

Detail

In person and online
Weekly 2-hour sessions over 8 weeks.

How to book

Contact: Annmarie at Family Lives on 07949 890749 or email: annmarief@familylives.org.uk



Early Bird

Overview

For parents and carers of children aged 2 to 6 with/or awaiting a diagnosis of autism. Gain insights into autism, improve communication and better understand your child's behaviour.

Detail

In person (with crèche) or online
Weekly 2-hour sessions over 6 weeks.

How to book

Please complete the application for the Early Bird programme: [National Autistic Society Early Bird Parent Programme-Hillingdon waiting list](#)



Cygnets

Overview

For parents and carers of children aged 5 to 18 with/or awaiting a diagnosis of autism. Connect, share, and learn in friendly sessions covering autism, sensory needs, social skills, and positive behaviour strategies.

Detail

In person and/or online
Weekly 3-hour sessions over 6 weeks.

How to book

The Cygnets programme is now being offered by the SEND Advisory Service within participating schools. If you are interested in attending, please look out for adverts at your child's school. Alternatively, please register your interest for Cygnets here: [Cygnets Registration of Interest](#)

Workshops

For parents/carers of 0 to 5s, please view our online timetable, available both during the day and in the evening to fit your schedule. Sessions cover helpful topics such as toilet training, fussy eating, behaviour strategies, sleep tips, and support for starting nursery or school. Visit www.hillingdon.gov.uk/family-hub

For parents/carers of children with SEND, please, workshops are delivered by the SEND Advisory Service (SAS) within participating schools. If you are interested in attending, please look out for adverts at your child's school.

For more information on parenting support available, including one to one support, please visit the care and support directory [Children, young people and parents](#)



What's
on...

at Ickenham Library

November

We look forward to welcoming you all to Ickenham Library.

Summer Reading Challenge

A huge well done to all of you who completed this year's challenge. At Ickenham Library we had 359 joiners and 175 completed so we beat last year's numbers! Breakspear had 160 joiners with 80 completers while Glebe had 165 joiners and 81 completers!



Story Stars

Thursdays 4pm to 4.45pm (term-time only)

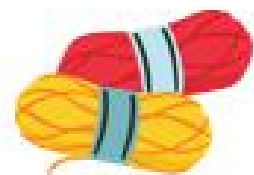
Fire up your imagination by listening to an exciting story followed by a fun activity. For ages 5-7
Places must be booked in advance



Saturdays 10am to 12pm

Lego Club

Build amazing creations with LEGO® bricks.
For ages 5 to 11. No need to book, just drop in



Saturdays 2pm to 3pm

Kids Craft Club

Learn how to crochet your very own bag charm!
For ages 8 to 11, places must be booked in advance



CNWL

Community Child Health

Theme: Neurodevelopmental assessments

Meet and Greet with Parents and Carers



- ◆ Meet the CNWL team
- ◆ Hear about how we support local families
- ◆ Ask questions and share your views

 **Tuesday 11 November 2025**

12:30 – 1:30 PM

 **Online (link shared after registration)**

CNWL Team:

Lucy Palmer – Head of Patient and Carer Involvement

Dr Joanne Beckmann – Consultant Community Paediatrician &
Clinical Director for Community Child Health

Register via Eventbrite to receive your joining link.

NURSERY



*This week in
Nursery...
Bonfire night and
Autumn weather.*

PIC•COLLAGE

HIGHLIGHTS

RECEPTION



HIGHLIGHTS

YEAR 1

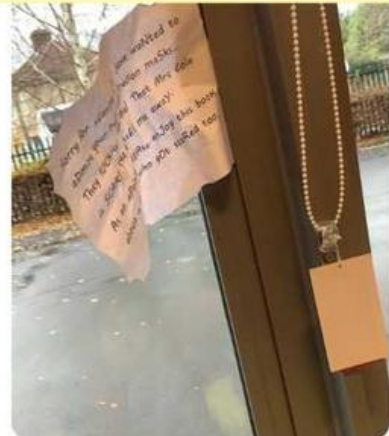


HIGHLIGHTS

YEAR 2



A dragon visited year 2 this week and made a big mess! Luckily Mrs Cole was able to scare it off. As an apology it shared a story with us, which we acted out.



HIGHLIGHTS

YEAR 3



HIGHLIGHTS

YEAR 4



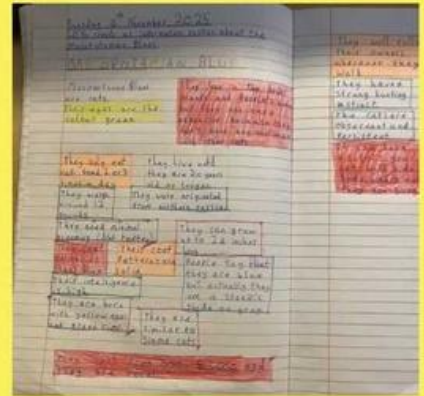
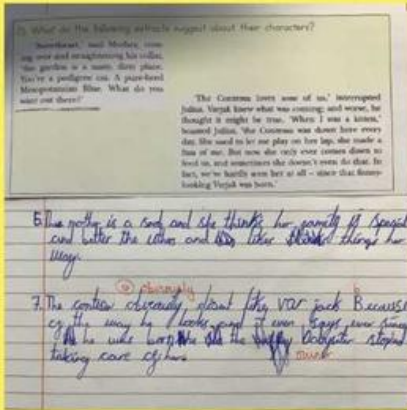
Year 4 outdoor learning ☀️



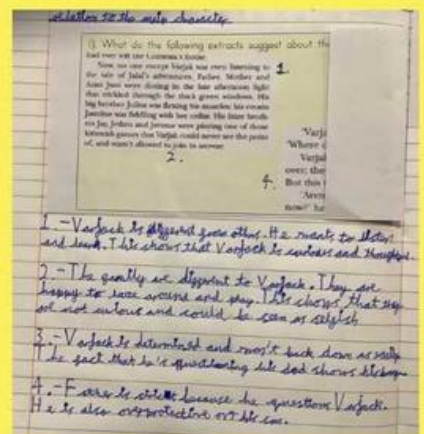
PIC•COLLAGE

HIGHLIGHTS

YEAR 5



Year 5 have started reading Varjak Paw by S.F Said. They've been researching and analysing the different characters this week.



HIGHLIGHTS

YEAR 6



HIGHLIGHTS



Wishing you all a
weekend

Mrs Penney

Mystery Guest

Clue 1: I am in year 4 at Glebe Primary School.

Clue 2: I am kind and thoughtful.

Clue 3: I love to crochet.

Clue 4: My first name sounds the same as our Head Teacher's name.



GLEBE
WEEKLY
SCHOOL
NEWS