



# GLEBE

## GLEBE PARENT NEWSLETTER



I hope you have all had a good week and have enjoyed the last couple of days.

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This week's edition is a slimmed down version of the newsletter. Due to our training days, we've not included any year group highlights this week.

That's not to say we haven't had any highlights, it's just that some year groups wouldn't have had time to take and share their photos.

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### Mystery Guest

The mystery guest last week was....the Very Hungry Caterpillar! Well done to everyone who guessed correctly.



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FRIDAY 28TH NOVEMBER 2025



# PROUD PAGE

## The Whole School

We welcomed our second set of prospective Nursery and Reception parents to school on Wednesday for the last of our two open mornings. Once again, the parents were so impressed with the calm, yet industrious atmosphere around the school. The visitors praised the ethos of the school and commented on how kind and friendly everyone was - staff and pupils.

Huge thanks and congratulations to our fantastic Head Girl Annie and Head Boy Harry who wrote wonderful speeches and delivered them so clearly and confidently and our fabulous Prefects who demonstrated perfectly the confidence and friendliness of Glebe 'graduates':

Amber  
Anaya  
Angela  
Anoushka  
Burhanuddin  
Danna  
Dylan S  
Dylan T  
Erin  
Freddie  
Grace

Gunnar  
Harley  
Harlowe  
Henry  
Hitansh  
Jessica  
Joanna  
Kaythan  
Kian  
Lucy  
Paridhi

Sahej  
Shaylan  
Stefania  
Sulaiman



# OPAL UPDATE



Dear Parents/Carers,

This term, we are excited to be announcing a new addition to our Outdoor Play and Learning (OPAL) project: we will be introducing scooters!

Alongside the generous donations, FOG have procured scooters for the children. We would like to thank FOG for their continued commitment to the OPAL project - their support has been integral to the programme. These scooters have adjustable handlebars, meaning that the height can be tailored to the individual child.



Younger years

## Benefits of Wheeled Play

Wheeled play will develop the children's gross motor skills, balance and coordination. Furthermore, a good selection of wheeled play resources will support many kinds of muscle development: arms, legs, shoulder and core. They will also help increase coordination, balance, spatial awareness and prediction.

## Helmets During Wheeled Play

After careful consideration and discussion with our OPAL working party, children will not be required to wear helmets while scootering at school. The reasons for this decision include:

- **Flexibility:** The benefits of children being able to hop on and off their wheeled play at will, scooting for a few minutes, stopping to play elsewhere and scooting off again.
  - **Helmet Fit:** The dangers presented by ill-fitting helmets; loose chin straps can provide as much, or more, danger than no helmet.
  - **Time Efficiency:** The time needed to fit a helmet properly and take it off again at the end of the ride.
  - **Safety:** Children should not wear helmets when they are not on their wheeled play because of the entrapment dangers helmets produce.
  - **Speed:** The speed children will generally be travelling on the school site is comparable to the speed of two running children colliding heads.
  - **Traffic-Free Zone:** Cars and traffic will not be present on the school site.
  - **Education:** The need to tell children the difference between riding in school grounds and out in public.
  - **Terrain:** The flatness of the site will not allow scooters to reach alarming speeds.



Older years



# OPAL UPDATE



Scooter Circuit

## Risk-Benefit Assessment

We will conduct a risk-benefit assessment with the children in a play assembly prior to introducing scootered play. Additionally, all children will have a class-based session using the scooters, prior to them being used at playtimes and lunch, to allow them to digest these rules in a smaller group and allowing teachers to support any pupils, if necessary. This will ensure that the children understand the safety guidelines and the benefits of scooters. There will be an area specifically designated to scooter play and this will be sectioned off from other play with tyres.

## Parental Discussion

Should you wish for your child to wear a helmet whilst scootering, please feel free to provide one for them - named, to avoid it going missing. The child will have responsibility for looking after the helmet and taking it out with them to wear. Please discuss with your child should you not wish for them to take part in wheeled play. If you have any concerns or questions, feel free to contact us. We are looking forward to seeing the positive impact that wheeled play will bring to our children's development and enjoyment.

Miss Griffiths & Mrs Bhardwaj  
Curricular Leads for Play



# SPORTS NEWS



## Netball Glebe v Sacred Heart



Another outstanding match from both Glebe's A & B netball teams! They're growing in confidence every week and really coming together as a team. Two strong wins on Wednesday – a 13–0 victory for the B team and a 7–1 win for the A team against Sacred Heart.

These are fantastic results and testament to the hard work of everyone involved.

Well done, everyone!





# MR MITCHELL'S SPORTS NEWS

## Boys' Football Tournament

There is so much to report, we're going to need 2 pages to do it! Glebe Primary enjoyed a fantastic day of football as they were crowned champions of the Boys' Borough Tournament and earned the right to represent Hillingdon in the county regional finals.

The tournament began with a confident performance against St. Matthew's Primary. Nathan scored the only goal of the match with a calm finish that struck the post on its way into the net, giving Glebe a winning start.

In the second match, Glebe faced Charville and once again a single goal was enough. Fletcher produced a brilliant individual effort, weaving past defenders before placing the ball into the corner to secure another 1-0 victory.

Glebe continued their momentum in the third group game and produced their best football of the tournament so far. They earned a 2-0 win over Hermitage Primary with two more well taken goals from Fletcher, who was in outstanding form.

As the group stage came to an end, Glebe had already secured first place, but they experienced their first defeat of the day in a narrow 1-0 loss to Lady Bankes Primary. Despite the result, their strong earlier performances ensured they advanced as group winners.

The semi final against Breakspear Primary saw Glebe dominate from start to finish. They controlled possession, created several chances, and constantly pushed forward, but despite their pressure they could not find the breakthrough. The match finished goalless and went to a penalty shoot out, where Glebe showed tremendous composure to book their place in the final.

# MR MITCHELL'S SPORTS NEWS

## Boys' Football Tournament

The final brought an opportunity not only to claim the trophy, but also to settle the score with Lady Bankes after the earlier defeat. The match was fiercely contested and ended 0-0 after a tense and physical battle. In the resulting penalty shoot out, Oscar produced a heroic performance, saving all of Lady Bankes' penalties to secure the victory for Glebe. His calm presence and outstanding reactions ensured Glebe were crowned champions.

Every player made an important contribution throughout the tournament. Oscar's exceptional goalkeeping earned him the Player of the Tournament award, and Captain Harley proudly lifted the trophy with his teammates.

Team - Fletcher, Harley, Oscar, Harry, Remy, Sahej, Avish, Luka (Year 6)  
Roman and Nathan (Year 5).



Congratulations to you all (and Mr Mitchell) - we are all so incredibly proud of you.

# REMEMBER



## Key Information & Reminders



### **Early Release After School Productions**

Ahead of our Nursery and Year 2 performances next week, please remember we no longer allow children who have performed (or their siblings in other year groups) to go home early after an afternoon show. We do this for practical reasons and parity. As all pupils need to be signed out for health and safety reasons, this causes huge queues and can be quite chaotic. Additionally, in fairness for those children who do not have a family member in the audience. This is already quite distressing for some pupils and is compounded by their classmates getting to go home early. We ask parents/family members to wait outside for usual collection time (which is unlikely to be more than 10 or 15 minutes).



### **Reporting Pupil Absence**

Just a reminder that you must report child's absence via our dedicated absence reporting email address:

**[absence@glebepprimary.org](mailto:absence@glebepprimary.org)**

You may also wish to inform your child's class teacher directly via Class Dojo but this is **in addition to** the email, not instead of.

# REMEMBER

## Key Information & Reminders



### **Christmas Jumper Day**

As is now Glebe tradition, we are going against the tide and will be having our Christmas Jumper Day on Wednesday 10th December to coincide with our in-school Christmas Fair



### **Christmas Dinner Day**

Please don't forget to order your child's meal for Christmas Dinner Day on Tuesday 9<sup>th</sup> December via The Pantry.



### **Christmas Fayre**

We will be holding our annual Christmas Fayre on Wednesday 10th December during the school day. For those of you who are new to Glebe, this is a children and staff only event with each class being responsible for running a stall. We have set it up in an entrepreneurial style, with each class having a start-up amount of £25 and the class who makes the most profit wins. Each year group has an opportunity to spend around 30 minutes at the fayre which includes games, tombola, food and other attractions. We ask all the children to bring money in small denominations (no higher than 50p please) so it is easier to spend at a number of stalls. Please do not send your child in with notes as we do not hold the cash in school to give change. Pupils in Nursery, Reception and Years 1 & 2 are asked to bring in up to £3 and children in KS2 can bring in up to £5 in coins. Additionally, if you are able to help on a stall for a period between 9am - 12:10, please contact your child's class teacher.



# REMEMBER

## Key Dates



### Autumn Term - 2025

Wednesday 3 <sup>rd</sup> December -	Nursery Christmas performance - 10am Year 2 Nativity performance - 2.15pm
Thursday 4 <sup>th</sup> December -	Year 2 Nativity performance - 10am Nursery Christmas performance - 2.15pm
Friday 5 <sup>th</sup> December -	Nursery Christmas performance - 10am Year 2 Nativity performance - 2.15pm

Please note: there is no parking available on the school site for any of these performances.

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Tuesday 9 <sup>th</sup> December -	St. Giles Church Visits Christmas Lunch EYFS Christmas parties - pm
Wednesday 10 <sup>th</sup> December -	Christmas Fayre (children & staff only) Christmas Jumper Day
Thursday 11 <sup>th</sup> December -	Year 1 Christmas party - pm
Friday 12 <sup>th</sup> December -	Year 5 Christmas party - pm

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Monday 15 <sup>th</sup> December -	Year 2 Christmas party - pm
Tuesday 16 <sup>th</sup> December -	Year 3 Christmas party - pm 'Meet Dolce' - 3.30-4.30 in the small hall
Wednesday 17 <sup>th</sup> December -	Year 4 Christmas party - pm
Thursday 18 <sup>th</sup> December -	Year 6 Christmas party - pm
Friday 19 <sup>th</sup> December -	Non-uniform day for House Point winning House

**Term ends 1 hour earlier (2.20/2.30)**

### Spring Term - 2026

Monday 5 <sup>th</sup> January -	Staff and children return to school - NO TRAINING DAY
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# GOVERNOR NEWS



## **Parent Governor Update**

I am pleased to introduce Roshnee Ramdoyal Ray as our new Parent Governor. A message from Roshnee: I am a full time working mum with a child at Glebe and a baby in nursery. I am invested in the school's success and committed to working collaboratively with Glebe to continue to provide high quality education for all the children. I've spent around 16 years working in public service, mainly in dispute resolution and regulation. I'm passionate about helping every child succeed and excited to work with the school to reach its goals.

## **Annual Governance Report**

The Annual Governance Report to parents for the academic year 2024-25 is available to read on our website. It outlines the work of the Governing Body and details the impact achieved and the challenges overcome during the last school year.

It can be accessed here:

<https://www.glebe.hillingdon.sch.uk/attachments/download.aspx?file=3680&type=pdf>

# What Parents & Educators Need to Know about

# TIKTOK

AGE RESTRICTION  
**13+**

(Certain features are restricted to over-18s only)

## WHAT ARE THE RISKS?

Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

## AGE-INAPPROPRIATE CONTENT

TikTok's Following Feed shows videos from known creators, while the default For You Feed serves endless clips based on viewing history. Most are harmless, but unsuitable content can still appear, and watching for long enough signals interest to the algorithm. Although TikTok bans illegal or inappropriate uploads, the volume of posts means some slip through, increasing the chance that children encounter age-inappropriate material before it is detected or removed.

## BODY IMAGE AND DANGEROUS CHALLENGES

Ofcom reports that most online harms for girls involve body image, while boys more often see dangerous stunts. Both types appear frequently on TikTok and spread quickly through its engagement-driven algorithm. Harmful challenges have included the "blackout" trend, where users held their breath until passing out. Families filed lawsuits after children died linked to the trend, showing how extreme or risky content can rapidly reach young people and negatively influence them.

## IN-APP SPENDING

TikTok is free, but children can still spend money. TikTok coins, costing £9.99 to £224.99, let users buy gifts for creators. TikTok Shop adds risk by allowing purchases from influencers or companies, sometimes leading to poor-quality items driven by persuasive marketing. A Canadian investigation found TikTok collected personal data from many children for targeting and advertising despite age limits, meaning young users may lose control over their personal information.

## CONTACT WITH STRANGERS

Between 1.6 and 1.9 billion people use TikTok, meaning there's a high risk of unwanted attention from strangers. Accounts created by over-16s (or young people using a fake date of birth) are set to public view by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and allows anyone to download or comment on them.

## MISINFORMATION AND RADICALISATION

TikTok's short videos may appear lighthearted, but they can expose young people to harmful ideas. Misinformation is common, and Ofcom reports that nearly one third of 12-15-year-olds use TikTok as a news source, increasing the chance of seeing racist, misogynistic, extremist or conspiracy material. Even brief clips can influence impressionable users and shape their worldview, making discussions about critical thinking, propaganda and online influence especially important for parents and educators.

## ADDICTIVE DESIGN

TikTok's fast-paced stream of eye-catching videos can be potentially addictive for young users. In 2024, UK children spent an average of 127 minutes per day on the platform, double the time recorded in 2020. Excessive use can disrupt sleep, increase irritability, and distract from healthier activities. Constantly skipping between short clips may also affect attention span, making it harder to focus on longer tasks such as homework or reading.

## Advice for Parents & Educators

### ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's in order to manage settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children cannot alter these settings without parental approval.

### DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure they don't share any identifying personal information or respond to dangerous trends, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's important to talk about misinformation and propaganda.

### BLOCK IN-APP SPENDING

Parents can restrict in-app purchases on iPhone and Android devices to prevent accidental or impulsive TikTok spending. Young people can easily spend large amounts on TikTok coins or low-quality products promoted through TikTok Shop. If a disappointing purchase occurs, turn it into a discussion about influencer marketing and how online promotions can be misleading.

### READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

## Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



#WakeUpWednesday®

The National College®

See full reference list on our website

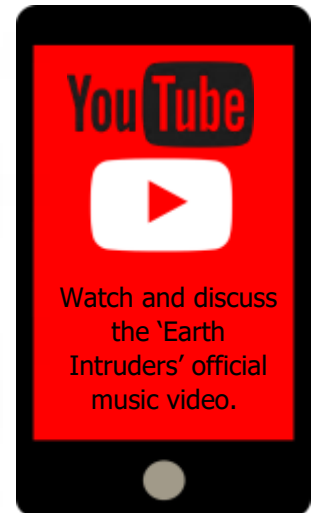


# HOME INFORMATION



## November's Musician of the Month

# BJÖRK



**About:** Guðmundsdóttir (born 21 November 1965) is an Icelandic singer, songwriter, composer, record producer, and actress. Noted for her distinct three-octave vocal range, fashion status and eccentric persona, she has developed an eclectic musical style over her four-decade career that has drawn on a range of genres.

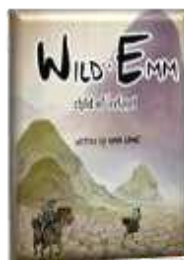
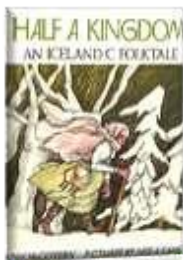
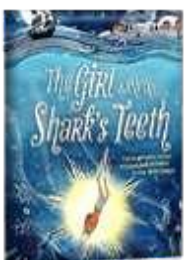
**Genres:** Electronic, Pop and Experimental

**Active from:** 1975 - Present

**Origin:** Reykjavik, Iceland

Books to read...

If you like Björk, try...



- Florence and the Machine
- Wednesday Campanella
- Bat For Lashes

THE LAST WOLAS PUBLIC OBSERVING EVENT OF 2025

# VIEW THE NIGHT SKY FROM RUISLIP LIDO

Once again the West of London Astronomical Society invites you to observe the Moon and stars.

**Friday 28th Nov - Sunday 30th Nov 2025.**  
**Time 6.00 pm to 8.00 pm.**

If the sky is clear the quarter Moon will be well placed along with Uranus and Saturn whose rings are nearly edge-on. The Andromeda Galaxy, Seven Sisters and Double Cluster are amongst the many other objects in the sky.

Bring family and friends to this FREE event - members of WOLAS will be on hand with a variety of their telescopes and will be able to answer any questions you may have.

Don't forget to wear warm clothing, and bring a torch. To avoid dazzling observers, please limit the brightness of your torch to your phone's light or equivalent and point it down when on site.

The Turntable Tea Room will be open and there are toilets next to it.

*Please visit our website for more information.*

*A GO/NO GO call will be posted no later than 3pm each day.*

*Ruislip Lido is off Bury Street. Entry is via the gate adjacent to the car park at the end of Reservoir Road HA4 7TY*

**KEEP RIGHT ON ENTERING THE PUBLIC CAR PARK  
£5 UNTIL 6 PM, FREE FOR HILLINGDON FIRST CARD HOLDERS,  
TICKET STILL REQUIRED. FREE AFTER 6 PM FOR ALL.  
CLOSES 8.30 PM.**

**PLEASE AVOID THE PUB CAR PARK TO THE LEFT.**



**WOLAS**  
[www.wolas.org.uk](http://www.wolas.org.uk)

**SAVE THE DATE!**



**HILLINGDON**  
LONDON

# **Education & SEND Parent Event 26th January 2026 10.00am - 2.00pm Civic Centre Uxbridge**

Don't miss out on this exciting event! Spaces are limited and will be offered on a first-come, first-served basis. Reserve your place today by completing the form below.

## **Come hear from:**

- SEND Advisory Team
- Children's Integrated Therapies
- SENDIASS
- Parent Carer Forum
- Local Offer
- Family Hubs

And much more...

**Register Now:**

**[Click Here](#)**

Registration for the SEND &  
Education Parent Event



**DANNY BEALES MP**  
for Uxbridge and South Ruislip

# Christmas Card Competition 2025

Calling all primary school-aged children,  
could your design feature on Danny's  
Christmas card?

To enter, send your designs  
as an A4 document to:



[danny.beales.mp@parliament.uk](mailto:danny.beales.mp@parliament.uk)

or



Danny Beales MP  
House of Commons  
SW1A 0AA

# Online Family Hub Activities Timetable

## Toilet Training

Supporting your child to use the toilet independently.

- 12 November 7:30-8:30pm
- 28 November 1-2pm
- 1 December 11-12pm
- 17 December 7:30-8:30pm
- 12 January 10-11am
- 21 January 7-8pm

## Behaviour Strategies

Supporting family life and challenging behaviour.

- 6 November 8-9pm
- 26 November 7:30-8:30pm
- 11 December 1-2pm
- 15 December 7-8pm
- 23 January 1-2pm
- 29 January 8-9pm

## Fussy Eating

Encouraging positive mealtimes.

- 10 November 7-8pm
- 19 November 1:30-2:30pm
- 9 December 1-2pm
- 17 December 7-8pm
- 16 January 1-2pm
- 21 January 7-8pm

## Exploring Parenting Together

A fun five-week course to help parents to improve their relationship and behaviour with their children.

- 3 November -1 December 7-8:30pm
- 14 January-11 February 7-8:30pm

## SEND Tooth Brushing

A workshop for parents with children with additional needs.  
8 December 10-11am

## Sleep Matters 0–1-Year Old.

Promoting positive bedtime space

- 14 November 10-11am
- 19 November 7:30-8:30pm
- 16 December 7:30-8:30pm
- 17 December 1-2pm
- 13 January 10-11am
- 27 January 7:30-8:30pm

## Sleep Matters 1-5 Years Old

Promoting positive bedtime space.

- 12 November 7-8pm
- 26 November 1-2pm
- 15 December 10-11am
- 18 December 7-8pm
- 12 January 7-8pm
- 23 January 10-11am



# Useful information

## How to Book

To book a session, please ensure you are already registered with the Family Hubs or Children's Centres. You can book a session by contacting your local Family Hub or Children's Centre, or by emailing [familyhubnetwork@hillingdon.gov.uk](mailto:familyhubnetwork@hillingdon.gov.uk).

Please include the course title, the date you would like to book, your full name, and your date of birth.

For more information or to register, visit [www.hillingdon.gov.uk/family-hubs](http://www.hillingdon.gov.uk/family-hubs).

Please note that all online sessions are available through Microsoft Teams.

## Hillingdon family hubs and children's centres

To view our range of services, session descriptions and to see other family hubs and children's centres timetables visit [www.hillingdon.gov.uk/family-hubs](http://www.hillingdon.gov.uk/family-hubs)

## Hillingdon Youth Offer

There are a variety of programmes and activities available to children and young people aged 8 to 19 (up to 24 years with special educational needs) who live, learn or earn in Hillingdon.

To find out more, please visit [www.hillingdon.gov.uk/youth-offer](http://www.hillingdon.gov.uk/youth-offer)

## Other information

### Childcare funding

Do you qualify for funded childcare for your child, from nine months to four years old? To find out more, speak to a member of our staff or visit [www.hillingdon.gov.uk/funded-childcare](http://www.hillingdon.gov.uk/funded-childcare).

### Start for Life

For more information on Hillingdon's Start for Life, visit [www.hillingdon.gov.uk/start-for-life](http://www.hillingdon.gov.uk/start-for-life)

### Healthy Start

Healthy Start helps you buy healthy foods and get free vitamins if you are pregnant or have a child under 4 and claim certain benefits. To apply visit [www.hillingdon.gov.uk/healthystart](http://www.hillingdon.gov.uk/healthystart)

### SEND Local Offer

Our local offer provides information for children and young people with special educational needs and disabilities (SEND) and their parents/carers. [www.hillingdon.gov.uk/send](http://www.hillingdon.gov.uk/send)

### Children, young people and parents

#### Directory of Services

For information on children, young people and family services in Hillingdon, visit [careandsupport.hillingdon.gov.uk](http://careandsupport.hillingdon.gov.uk)

### Further support for your family

For further help and support for your family, visit [www.hillingdon.gov.uk/stronger-families](http://www.hillingdon.gov.uk/stronger-families)



What's  
on...

# at Ickenham Library

## November

We look forward to welcoming you all to Ickenham Library.

### Summer Reading Challenge

A huge well done to all of you who completed this year's challenge. At Ickenham Library we had 359 joiners and 175 completed so we beat last year's numbers! Breakspear had 160 joiners with 80 completers while Glebe had 165 joiners and 81 completers!



### Story Stars

#### Thursdays 4pm to 4.45pm (term-time only)

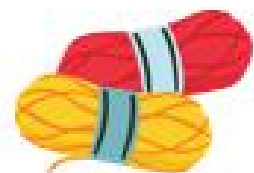
Fire up your imagination by listening to an exciting story followed by a fun activity. For ages 5-7  
Places must be booked in advance



#### Saturdays 10am to 12pm

### Lego Club

Build amazing creations with LEGO® bricks.  
For ages 5 to 11. No need to book, just drop in



#### Saturdays 2pm to 3pm

### Kids Craft Club

Learn how to crochet your very own bag charm!  
For ages 8 to 11, places must be booked in advance





Wishing you all a  
weekend

Mrs Penney

## Mystery Guest

Clue 1: I was born with bright green skin, sharp fangs, and an allergy to water, which made me very different from everyone else where I lived.

Clue 2: I am smart, brave, and feisty, but I am also kind and loyal.

Clue 3: I love to read, learn, and care for animals, and I have powerful magical abilities.

Clue 4: My best friend is called Galinda.



GLEBE  
WEEKLY  
SCHOOL  
NEWS